

PAGE BRIEFS

STRESS RELIEF: Two elder friends were spending the afternoon sitting on a park bench chatting. One said, I feel so old, I hurt all over. Every bone in my body aches and I can hardly walk. His friend replied I feel like a new born baby: no hair, no teeth and I just peed my pants.

Now that we are about to turn the calendar it's time to think ahead to the 10th Annual Shoreline Journal birthday party for 90 & 90+ residents. The party will be held at the Economy Recreation Centre on Saturday, May 9, 2020. If you know of someone who will be 90 in 2020, or is over 90 and never been invited, please nominate them by sending name, phone, address and birthday to Maurice Rees, Publisher, at maurice@theshorelinejournal.com

Peter Kohler, 77, founder of Kohltech Windows and Entrance Systems, passed away in his sleep on December 2 at his winter home in Florida. He founded Kohler Windows, now Kohltech Windows and Entrance Systems, almost forty years ago with four employees and built one of the most respected window and door brands in Canada. Peter devoted his life to the window and door industry and won many awards for his accomplishments both regionally and nationally. He retired in 2010 after selling the company to his Management team.

The Nova Scotia College of Nursing (NSCN) held an Open House at its offices in Bedford on December 4th to celebrate its six-month milestone as the new nursing regulator in Nova Scotia. It was a chance for the public to meet the new Board and staff, network with leaders and learn more about the organization's plans for the future.

Kids Run Club Supported

Kids Run Club a free, school-based running program offered by the Doctors Nova Scotia Healthy Tomorrow Foundation, is receiving \$150,000 from the province. Nearly 16,000 students participate in the program which operates in every regional centre for education. The club is affiliated with 224 schools and community groups in Nova Scotia and is supported by 600 coaches/teachers

Support for Kids Run Club will give thousands of children and youth across Nova Scotia the opportunity to be more active.

In 2018, Nova Scotia launched Let's Get Moving, a five-year action plan to get Nova Scotians moving more

News from our Municipal Council - District 10

Continued from page 5

that day, by mid July we had 68 applicants and closed applications. Of the 68 applicants 18 chose to sign contracts and go forward. That committed the majority of the allocated funding. There is an expectation that additional funding will be available and we will accept additional applicants once current work is completed and evaluated. As well there is the potential for Federal assistance programs by late spring. Should note that part of the current program included a \$0.85kw rate rebate thru efficiency NS. Basically the way this works is that your home is professionally evaluated and a system is designed to produce the same amount of power as you

are currently using. The power is metered onto the NS power grid and equivalent amount deducted from your monthly power bill. It was reported it takes an average of 10 years to pay out the costs with a 20 + year life expectancy of the system. Once the original investment is paid back you would have a net 0 power bill.

That's it for this year. I would like to take this opportunity to wish you and yours a Very Merry Christmas and a Happy, Healthy and Prosperous New Year.

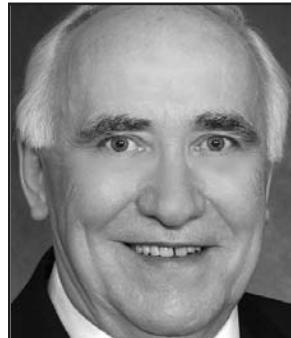
Tom

Tom Taggart is Municipal Councillor for Colchester District 10.

By-Election Candidates in Place

Continued from page 1

Party flag in the upcoming by-election. Drouin has been a volunteer with the Canadian Mental Health Association, the Truro Fran-



Allan Kennedy

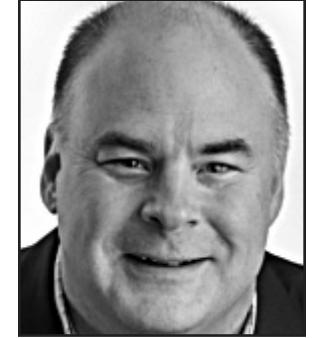
cophone Community Centre and the Living Earth Council. He has two daughters and one grandson and resides with his wife in Truro.



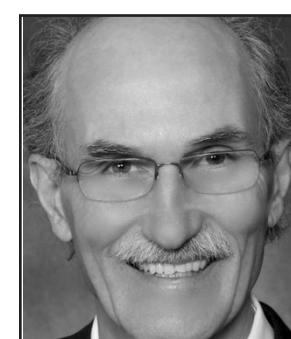
Kathleen Kevany



Matthew Rushton



Dave Ritcey



Ivan Drouin

Deadline for the February issue of The Shoreline Journal is January 21.

French River Protected Water Supply Regulations

By Maurice Rees

It's been almost four years in the making, but Colchester council has gone through several hoops and with extensive consultation with The French River Source Water Protection Advisory Committee and the public have agreed to adopting a set of regulations to protect the interest of the water supply and be Designated as a protected water supply under the Environment Act.

The French River Source Water Protection Advisory Committee first became aware of the Department of Natural Resources (DNR) interest in mineral exploration in the water supply on October 2015. At the time DNR contacted the Committee to discuss the potential for gold bearing rock in the watershed. DNR had created a moratorium on exploration in the area and their intention was to issue one permit for the large block, which exceeds the water supply, to an exploration company.

After several meetings, the Committee was not satisfied that mineral exploration and potential mining could be undertaken without posing a risk to water quality in the water supply. As the mandate of the Committee was to protect the interest of the water supply, the Committee recommended to Council that the water supply be Designated as a protected water supply under the Environment Act.

The Committee conducted a lengthy and thorough process to create a set of regulations. Public consultation included three public meetings and a survey of landowners in the water supply area. Regular meetings of the Committee were often attended by residents of the watershed and the community at large.

The landowner survey confirmed that most property owners were prepared to have some level of regulation to limit possible threats to water quality, including gold mining.

The documentation presented to council states, the final version is intentionally simple and focuses on four key items that are not currently regulated from the perspective of a drinking water supply: Prohibition of landfills; Agricultural separation distances

and sitting less. Let's Get Moving will help to create a more active, inclusive and healthier population across the province through education, improved access to funding and partnerships with the private and public sectors

"For 15 years, Kids Run Club has provided an inclusive, fun and barrier-free op-

portunity for Nova Scotia's kids to get outside and move. The program addresses things like screen time, healthy eating and the importance of moving - whether running, walking, skipping or other forms of exercise", Dr. Alex Mitchell, chair, Doctors Nova Scotia Healthy Tomorrow Foundation.

Water Protection Committee and once approved, the regulation be forwarded to the Minister of Environment for adoption as a provincial regulation, along with an application to Designate the French River, as defined, as a Protected Water Supply Area under the Environment Act."

The matter will be further discussed at the January meeting of council.



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