

Chiganois Elementary School Notes

By Linda Harrington

The Lifesaving Society funded through the Thrive program of the Nova Scotia Department of Health and Wellness provided Swim to Survive classes to grade three students throughout Nova Scotia. The program consisted of three in-water sessions, each lasted approximately one hour. The program's goal is to teach the participants how to survive an unexpected fall into water. The grade three students at Chiganois Elementary School participated during the month of October. Thank you to the parent volunteers who helped with supervision. Without your help it would be difficult to provide these types of opportunities for our students.

It is a great idea to talk out loud as you do everyday tasks. Talking out loud allows children to hear how you think and helps them develop important skills for "thinking things out" and solving problems. Grocery stores are a great source of math lessons. For example, you can talk about how to weigh fruit on a scale or how to estimate the total cost of groceries as you fill your cart. Talk about the ways in which you use mathematics in your job and daily life, and about mathematics in the newspaper (sports statistics, stock prices, math puzzles, graphs). Seize every opportunity to calculate mentally and talk about the process involved. Be relaxed and positive. You are not expected to be an expert. You are there to encourage learning.

Chiganois Elementary will be collecting donations for Hub House, the emergency shelter of the Truro Homeless Outreach Society. This local organization has fourteen beds and provides access to services guests need to achieve their personal goals. The Leadership Committee is hosting a "12 Days of Giving" campaign to collect donations to give to our community and support a valuable service in Colchester County. Hub House has shared a wish list and some ideas are as follows: pancake mix & syrup, sugar, canned sandwich meat, canned vegetables, rice, pasta & sauce, juice, Pudding cups, granola bars, condiments, cans of coffee, sandwich bags, disinfecting wipes, cleaners, disposable plastic gloves, laundry soap, dishwasher tabs, deodorant, Kleenex,

hand soap & sanitizer, and \$5 Tim's gift cards. Virtue of the Month was Thoughtfulness-being considerate of other's needs. Being attentive to the happiness and well-being of others.

Primary Registration for students beginning school in September 2019 will take place on Friday, February 15th. If you have a child that will be 5 years old by December 31st, 2019, please contact the school at 662-4420 to make an appointment. If you know of any other families that have school aged children, please pass on this important information.

The School Advisory Councils for the Cobequid Family of Schools attended a Professional Development Session on Thursday, November 22nd. The session outlined changes to School Advisory Councils, discussed the new funding for school SACs to spend on the school improvement plan, and engaged SACs in the drafting of a new, provincial policy on Supervision of Extra Curricular Activities. The next School Advisory Council meeting for Chiganois Elementary School is scheduled for Tuesday, January 29th at 6:00PM.

The Parent Teacher Group has worked hard along with community volunteers and parents to get the new additions to the playground moving forward. The sand kitchen is installed as well as the seating circle for community sharing time. These two projects are completed. The new accessible swings are on order along with a digger for the sand kitchen. They should be arriving soon and will be installed depending on weather. The other few items will go to tender soon and the walking trail will be built in the spring.

A free Turkey Dinner was enjoyed by staff and students on Wednesday, Dec. 12th. The annual Christmas Store was held on Dec. 17th.

Pancakes with the Principal for December birthdays will be held on Dec. 21st followed by a Virtue Celebration at Great Village Faith Baptist Church from 10-11AM. Last Day of School for the year is Dec. 21st, classes resume on January 3rd.

The ADL Cheese Fundraiser was a huge success. A total of \$2790.67 was raised! Thank you to all who helped make this event so successful.

Washing Your Hands

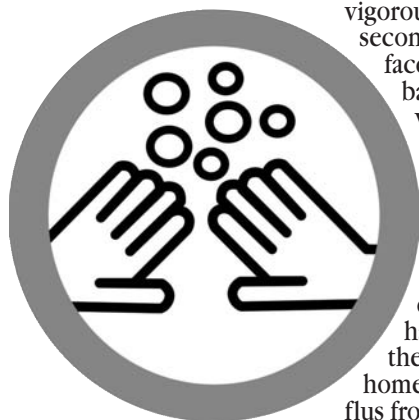
By Chris Urquhart

How well do you wash your hands? You know washing your hands is one of the best ways to avoid

getting sick. But do you wash properly?

Wet your hands with warm or cold water and apply soap. Rub your hands vigorously for at least 20 seconds. Scrub all surfaces, including the backs of your hands, wrists, between your fingers and under your fingernails. Rinse well. Dry your hands with a clean towel.

Teach your children to wash their hands correctly as they seem to bring home lots of colds and flus from school!



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