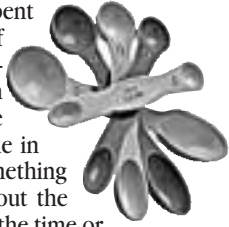


Dorothy's Kitchen Korner

I can assure you not much time spent in the kitchen since the latter part of October. The store in the mall has consumed me and as it got further along in November, I also has to enlist more support from Maurice. In fact the time in the kitchen has been to grab something quick to put in my bag as I rushed out the door, or to wonder when I would find the time or energy to ride the sink of some dirty dishes.



Last month I started this column discussing all the heavy rains. This month I could have talked about the high winds on December 12th and shingles decided to sprout wings as they left the roof. If we would have had the time, we could have composed a song, "There water dripping from the ceiling in the living room.

With some quick action by our carpenter friend, Harold, further damage was eliminated. Our insurance agent, Bob Francis sprang into action and by mid-afternoon, a quote was prepared, approved by the adjuster and materials ordered. By the end of the next day, the worst area of the roof had been fixed. As if that wasn't enough we had to get the septic tank pumped. I guess if something is to go wrong, it's best to bundle it all together within a couple of days.

Dorothy Adams, Debert was into the store and has promised me a couple more bottles of her delicious Mustard Pickles. With everyone getting into the Christmas panic, its fantastic that I have a second recipe from Dorothy and the Lady Rose Pickles which Norma Pyke had sent along in mid-November.

Texas Hash (Dorothy Adams)

- 1 lb hamburger • 3 large onions sliced
- 1 large Green Pepper (chopped) • 1 can tomatoes
- ½ cup uncooked rice • 1 or 2 teaspoons chili powder
- 2 teaspoons salt • 1/8 teaspoon pepper.

IN large skillet cook and stir beef until browned. Drain fat, add onions and green pepper. Cook and stir until onion is tender. Stir in tomatoes, rice, chili powder, salt and pepper.

Put in 2-quart casserole. Cover and bake 1 hour in 350 oven.

Lady Rose Pickles (Norma Pyke, Valley NS)

- 5c chopped cukes • 1c celery
- ¼ red pepper • 1/4c mustard seed
- 4c chopped onions • 1 sm cauliflower
- 4c white sugar • 3c vinegar

Paste:

- 1/2c flour • 1 tsp Turmeric
- 1/4c dry mustard • 1/2c water

Combine cukes, and onions in brine of 1 Qt hot water, 12c salt. Let set overnight. Rinse and rinse again.

Add celery, cauliflower, peppers, sugar and mustard seed and vinegar. Bring to a boil, add past made of flour, dry mustard, turmeric and 1/2c water.

Boil 3 minutes or simmer 20 minutes.

Norma's Note: *My family likes these. My grandson even makes them. You'll have your own way of going things. Each time is different.*

Before I close off, I want to wish all the readers and their families a Merry Christmas and Happy New Year.

Please take a few minutes to send along a few of your family's favourites, or drop by for a visit. I'll be back at the Truro Mall with t-shirts. We've changed the name to "tshirtsrus.ca". Please send to:

Dorothy Rees, c/o The Shoreline Journal,
P.O. Box 41, Bass River, NS, B0M 1B0,
or email to: maurice@theshorelinejournal.com

Notes from our Federal Capital

Making our Streets, Families and Infants Safer.

I would like to wish all The Shoreline Journal readers a very happy, healthy and prosperous New Year.

You have no doubt heard that our Conservative government is committed to making our streets, communities, homes and our children safer. After nearly a year, we have been successful in passing important legislation to strengthen the National Sex Offender Registry and the National DNA Data Bank, which provides greater protection for our children and all Canadians.

Our Conservative Government currently has over 20 other bills before Parliament to get tough on crime and make our streets and communities safer.

However, at every turn the opposition parties have done their best not to pass our legislation. They continue to stall on eliminating pardons for dangerous offenders, repealing the faint hope clause and ending house arrest for serious crimes.

Meanwhile, our government continues to work hard to protect Canadian families in their homes. For example, one threat to Canadian families is from radon in their homes. Radon is a radioactive gas that occurs naturally in soil and rock. It can be anywhere and seep into your home through cracks in the foundation. You can't see it, smell it, or taste it. The only way to know if you have a radon problem is to test your home. If the radon level is high, the problem can be fixed.

First year results of Health Canada's Cross-Canada Radon Residential Survey indicate that an estimated 7.4 per cent of

Canadians are living in homes with radon levels high enough to pose a serious health risk. As we prepare for the Holiday season, our Conservative Government is encouraging families to purchase a radon Detector. They are very inexpensive, and been found at your local hardware store.

Very recently, we committed to help parents keep their precious young kids healthy and safe. Canada's requirements for cribs and cradles are already amongst the most stringent in the world. However, we can make them safer. Stand alone bassinets are currently not regulated in Canada. We believe this has to change. That is why my colleague, the Honourable Leona Aglukkag, Canada's Health Minister introduced new legislation to further strengthen the safety requirements of cribs, cradles, and bassinets. These new regulations will target construction, flammability, side height and pinching hazards. These new regulations will make the cribs, cradles and bassinets sold in Canada even safer. With our Conservative government, families always come first!

Please feel free to contact me with any issue you have of concern. You can reach me at 893-2455 in Truro, 667-8679 in Amherst or toll-free 1-888-752-0552 or visit my website www.scottarmstrongmp.ca and I am also on Face Book and Twitter.

Scott Armstrong, Cumberland-Colchester-Musquodoboit Valley



Notes from our Provincial Capital

On Monday December 6, 2010 the Minister of Transportation and Infrastructure Renewal released a 5 year highway improvement plan for the province.

This plan identifies projects to be completed over the next 5 years. It includes 100 series highways, secondary highways, trunks and routes, provincial local roads and bridges. The intent of the 5 year plan is to allow Nova Scotians to monitor construction and maintenance projects that are of particular interest to them, both provincially and locally. It also includes criteria to be used in setting project priorities.

The plan is intended to serve as a long term blueprint for improving highway infrastructure and road safety. This 5 year plan is something the public will use as a measure to which this government can be held accountable. People will know what work is planned for their area and they can monitor the completion of that work.

While I commend the Minister for his good intentions, it is very obvious that there is one serious omission. There is no budget attached to this plan. There are no estimated costs for implementing the plan. One key component to the implementation of any plan is a cost analysis which can be matched against projected revenue. It is the ability to implement this plan that is frightening.

The Minister of Finance has asked all departments including Transportation to make significant cuts. The Chief Engineer for Transportation stated that all of the major projects in this plan such as twinning highways and building bridges depend on some

form of federal money. But the Federal Economic Action Plan which has allowed this government to work with 50 cent dollars during the last 2 years of road paving expires at the end of this year.

There is no new federal agreement in place that will allow these projects to be cost shared. So the question that Nova Scotians are asking themselves is simple, how realistic is it to expect such an ambitious plan to be implemented when no funds have been identified to support the implementation.

I have asked the Minister these questions. I have asked the Minister to assure Nova Scotians that he will identify capital dollars to each year of the 5 year plan and that his government begin to negotiate an agreement with the federal government for their financial contribution.

Without these 2 major steps in the plan my fear is that Nova Scotians and my constituents will have expectations for road improvements, paving and bridges that cannot be met because this government has not identified how they will pay for the work they say they will do.

It is your tax dollars that should be used and as tax payers you have a right to know how much of this plan can actually be implemented.

Karen Casey, MLA, Colchester North Ph: 902-893-2180



News from our Municipal Council

Hello again Folks..

The hustle and bustle of the Christmas season is now upon us. I think it is important to take the time over the holidays to sit back, relax and enjoy the time with your family and friends.

Congratulations to the Bass River and District Volunteer Fire Brigade on the celebration of their 50 years of providing fire protection for their residents. Believe it or not but I can still remember when there was an old ford fire truck parked in a lean-to on the back of the boiler room at the Dominion Chair Factory and the factory whistle would blow one long, 2 short blasts to advise of a fire at a certain location. I believe that Fire whistle chart is still on display at the Dominion Chair factory store in Bass River. Regardless, enough history, just to say they have come along way in 50 years to where they are today and all involved should be proud.

At the county we are working on providing year round garbage pick up on private roads as well as providing curb side pick up at cottages. Staff is currently inventorying all roads in the county. Truro Sanitation has or will be buying a smaller truck to travel these roads. I am sure there will be some who are still left out, as there will still be limits based on the condition of the road.

That's it for now. Enjoy the season and please drive careful.

Tom
Tom Taggart, Councillor District 10, Municipality of the County of Colchester



Notice to Readers and Advertisers

2011 Deadlines and Publishing Dates

ISSUE	DEADLINE	PUBLISHED
February 2011	January 18	January 26
March 2011	February 15	February 23
April 2011	March 22	March 30
May 2011	April 19	April 27
June 2011	May 24	June 1
July 2011	June 21	June 29
August 2011	July 19	July 27
September 2011	August 23	August 31
October 2011	September 20	September 28
November 2011	October 18	October 26
December 2011	November 22	November 30
January 2012	December 13	December 21

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