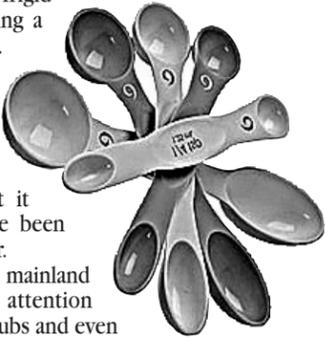


Dorothy's Kitchen Korner

The lack of constant frigid temperatures is sure having a good affect on the oil bill. Got our second one the other day and upon checking it was about \$200 less. Of course the drop in price helped, but I shudder to think what it might have been had we been having a cold nasty winter.



After moving to the mainland and seeing how much attention Maurice give to the 4-H clubs and even gets columns of club news from some whose job is club reporter, I realize I wasn't as lucky as some mother who have children going through the 4-H process. My son and I lived in Westmount, a suburb of Sydney and 4-H was not available.

If there is one thing 4-H does, it trains youth in a variety of ways. I've heard many adults and business people say, finding 4-H on a resume is a plus for youth and many of them are much better workers and very mature for their age.

I don't mean to editorialize, but the current AMADA contest which will away four \$15,000 prizes to 4-H Clubs is tremendous. Truro Agromart, Onslow needs to be congratulated on their partnership in the contest. If this area is chosen as a winner, the \$15,000 in prize money will be used for much needed improvements at the 4-H barn at the exhibition grounds.

With prize money available, a local partner and monies designated for a worthy 4-H facility, everyone in Nova Scotia should get busy voting on a daily basis. To start your participation Google "thank a retailer" or go to www.thankaretailer.ca/vote. Then click onto the Eastern Canada button. Be sure to tell your friends.

Probably time to head into the kitchen and see what I can find for a recipe. With pork being so low priced, and seems like all the retailers are featuring pork, I wanted to think of something else.

As a result, I have chosen a chicken recipe.

Chicken Dijon

- 4 boneless skinless chicken breasts
- 1/2 tsp salt
- 1/2 tsp ground pepper
- 2 tsp olive oil
- 1 cup minced green onions
- 1 cup chicken broth
- 1 tbsp dry white wine
- 1 tbsp brandy
- 2 tbsp ch fresh tarragon or 1 tsp dried
- 2 tbsp Dijon mustard
- 2 oz low fat cream cheese

Place chicken breasts between 2 sheets plastic wrap and flatten. Season with salt and pepper. Heat oil over medium heat. Add chicken and cook 7-9 minutes or til no longer pink in the centre. Turn only once.

Place on warmed plate and cover with foil. Add onions, to same skillet, cook 30 seconds. Add broth, wine and brandy, stirring vigorously to loosen an brown bits from bottom of skillet. Add tarragon, mustard and cream cheese, cook 2 minutes or until slightly thickened.

Return chicken to pan along with any accumulated juices, cook 1 minute or till heated thoroughly.

If you have a favourite family recipe and would like it published in the March issue, please send on or before February 15th. Please send to:

The Shoreline Journal, Box 41, Bass River, NS B0M 1B0;
 Fax: 902-647-2194 or email:
maurice@theshorelinejournal.com

Notice to Readers and Advertisers

Upcoming Deadlines and Publishing Dates

ISSUE	DEADLINE	PUBLISHED
March 2017	Feb 21, 2017	Mar 1, 2017
April 2017	Mar 21, 2017	Mar 29, 2017
May 2017	Apr 18, 2017	Apr 26, 2017
June 2017	May 23, 2017	May 31, 2017
July 2017	Jun 20, 2017	Jun 28, 2017
August 2017	Jul 18, 2017	Jul 26, 2017
September 2017	Aug 22, 2017	Aug 30, 2017
October 2017	Sep 19, 2017	Sep 27, 2017
November 2017	Oct 24, 2017	Nov 1, 2017
December 2017	Nov 21, 2017	Nov 29, 2017
January 2018	Dec 11, 2017	Dec 20, 2017

For more information contact us at:

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The Shoreline Journal

Notes from our National Capital

Canada 150 Begins

My predecessor in the House of Commons, Sir Charles Tupper, was the leading voice in favour of Nova Scotia's joining Confederation. He was Premier at the time. Another of my predecessors, Sir Adams George Archibald, was also instrumental in bringing Nova Scotia into Confederation, and keeping it there.

The man most prominently opposed to Confederation in 1867 was none other than Joseph Howe. He was concerned that Nova Scotia would be short-changed financially. Shortly following Confederation, most of the seats in Nova Scotia's provincial legislature, and all but Tupper's seat in the new federal parliament, were won by anti-Confederation candidates.

Two years of squabbling, as Nova Scotia's government tried to back out of Confederation, followed. Not until 1869 did Howe finally acknowledge that Nova Scotia would fare better in Canada than outside.

So, for Nova Scotians, perhaps this year marks only 148 years since we reluctantly came to terms with our place in a united Canada - but

Notes from our Provincial Capital

150 Forward Fund Deadline - February 15

Canadians across the country will mark the 150th Anniversary of Confederation during 2017. As a way to celebrate this special year, the Government of Nova Scotia has created the 150 Forward Fund. The purpose of the Fund is to give Nova Scotians in communities across the province an opportunity to create, promote and participate in local and regional events.

For projects to be considered for funding, the applicants must show how their proposal can highlight their communities and their organization. They should focus on such things as honoring a significant achievement or person(s) over the last 150 years; pay tribute to our diverse cultures, highlight our history, our heritage, our music or our youth. The activities must be held in Nova Scotia and completed by Dec. 31, 2017.

As your MLA since 2006, I have become increasingly aware of...and have attended many great events that you as volunteers have organized throughout those 10 years. I have seen the sense of pride and the strong community spirit during those events. Every commu-

News from our Municipal Council - District 10

Your Taxes

Hope this article finds everyone well. By now everyone should have received their 2017 property assessment notice from Property Valuation Services. This occasionally causes some confusion and each year I take this opportunity to explain the Municipal Tax process.

This assessment is what is considered by the Property Valuation Services to be the actual market value of your home or what they believe you could sell your home for given current market conditions. My experience as a Real Estate agent would tell me that this is rarely the case. However that is not the purpose of my note. It is important to be aware if you feel your assessment is too high you only have until Feb 13 2017 to appeal. You do this by filing your 2017 appeal form that is attached to the bottom of your assessment. Once again you must appeal prior to FEB 13. Once the Property Valuation Services have determined the value of all homes in Colchester County they send this total to the Municipality in what is called the tax role.

News from our Municipal Council - District 9

Consulting with public to eliminate odours

On January 10th, 2017 EnviroSystems Inc located at #660 MacElmod Rd in Debert made a public presentation to council. They provided council with an overview of their Debert operations. This facility is Atlantic Canada's largest non-hazardous waste treatment facility.

EnviroSystems collects and re-refines over 5 million litres of used oil each year. This oil is thermally treated into a reusable fuel product. They also treat over 50 million litres of oily waste water each year. The main topic of discussion though was the odours emitted from this facility. The outcome from this discussion was an agreement between EnviroSystems and the County to re-establish the Community Liaison Committee which was in place when this facility was first opened in Debert.

This committee will be comprised of representatives from the community, local businesses, Confederacy of Mainland Mi'kmaw, Department of Environment and the area councillor. In discus-

that hasn't got the same ring to it!

Canadians in the less-populous provinces are naturally wary of receiving their "fair share" - this has been the case since the very beginning. But rarely has Nova Scotia's place within Confederation been stronger than it is today. We are benefiting from unprecedented co-operation and openness at the federal level, and our voice is being heard in Ottawa.



Bill Casey

The world looks very different in 2017.

The United Kingdom, the United States and other countries are wrestling with political uncertainty that threaten to void long-standing relationships and damage important alliances.

Against this backdrop, Canada's role as a voice for peace and tolerance stands in contrast to calls for border walls and protectionism. This presents Canada, and Nova Scotians, with opportunities as well as challenges. I am confident we will flourish.

Bill Casey, MP for Cumberland-Colchester

nity in Colchester North has an important story to tell and a history to celebrate.

I encourage you to use the 2017 Anniversary of Confederation as an opportunity to celebrate. I also encourage you to explore the opportunity our Government is providing through the 150 Forward Fund. You may be eligible for financial support...Application deadline is close...closing on February 15, 2017. For more details contact: 150 Forward Fund <http://novascotia.ca/programs/150-forward-fund/>

Application forms and additional information are also available at my office at 30 Duke Street, Truro. Contact 902-893-2180.

As your MLA, I look forward to a year of celebration with you. Thanks again to all the volunteers who make our communities exciting and special.

Karen Casey, Minister of Education and Early Childhood Development and MLA, Colchester North.



Karen Casey

The Municipality then determines the cost of operating the Municipality and uses the tax role to determine the tax rate. I would expect by mid-February we will begin Budget discussions with the expectation of setting the tax rate by end of April. It is my hope and expectation we will be able to hold the rate at current level. Once this is completed, I will attempt to explain some of the reasoning, discussion and most likely debate bringing us to the 2017 rate.

Now I would once again like to speak about the Rath Eastlink Community Centre. As I stated last Month, the recent announcement concerning the required upgrades to the Dehumidification systems has left me frustrated and angry. I would like to discuss this further. It is my opinion this is a result of very poor advice council received from well paid professionals and I believe they should be held

continued on page 6



Tom Taggart

sions I have had with EnviroSystems they have expressed a genuine concern in resolving this issue.

They realize these odours are affecting the quality of life for residents and businesses in the surrounding area and are very eager to work with the community moving forward. We may never eliminate the odours totally from this facility but I'm positive if we keep the lines of communication open we can improve the situation greatly.

On January 17, 2017 Mayor Blair, myself and County CAO Rob Simonds met with Dr. Don Julien (Executive Director) Tim Bernard (Senior Director) Gerald Gloade (Mi'kmawey Debert Cross Cultural Facilitator) and Leah Rosenmeier (Mi'kmawey Debert Research & Interpretation Specialist) of The Confederacy of Mainland Mi'kmaw to discuss their Mi'kmawey Debert project.

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Doug MacInnes

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