

# Old Newspaper has Family Connection



By Linda Harrington

Betty Jennings thought it was interesting to find some old papers when shingles were removed from the roof of her house but she didn't realize just how interesting until her father read the newspaper from cover to cover.

The April 4th, 1942 edition of the Halifax Herald was lying on the table when Betty's parents Jack and Eva Giddens came for a visit. "My father was reading through the paper,

and when he came to the obituaries, he saw the last name Corbett and asked if any of us knew a Lucinda Corbett?," says Betty. "My mother and I immediately jumped up and said, yes, as my mother's grandmother was Lucinda."

Eva Giddens' parents were Stuart Rector and Hazel Corbett. Hazel Corbett's parents were Clarence Corbett and Jennie Pretty but Jennie died when Eva was only two and Clarence remarried to Lucinda. "Lucinda, or Lucy, was the only grandmother my mother ever knew," says Betty, "She was always grandma to her. I have Clarence's mother's organ in our living room."

Betty and her sister Gwen have been researching the family genealogy for the past few years and both have a keen interest. The obituary will be clipped from the old newspaper, which is in tattered condition, and preserved with other family keepsakes. There are holes all

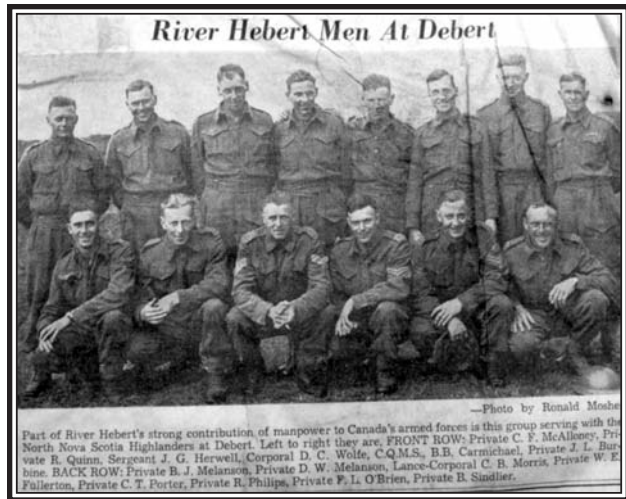


through the newspaper, probably made when the house was drilled for insulation.

"I just found it really neat that this was the only newspaper up on the roof. This house was actually built by Wade's grandfather Sid McCully," says Betty.

A few other old pieces of paper, found with the newspaper, included pages from Canadian Home Journal of 1933 and 1935, a page from a 1939 calendar and a 1940 Rawleigh's Good Health Products Calendar.

This Saturday, April 4th, 1942 edition of the Halifax Herald states this was the "676th day of the War against Barbarism".



# Masstown Market Undergoing Renovations

By Linda Harrington

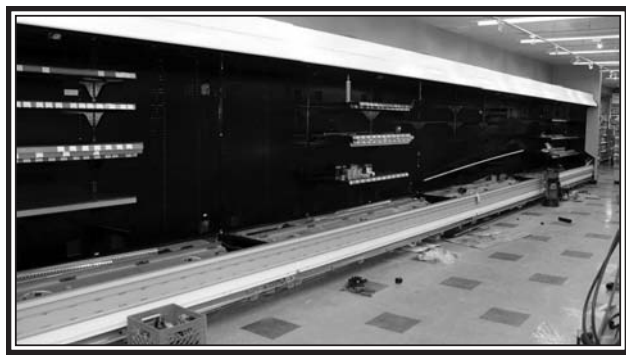
Masstown Market is undergoing several interior renovations which include an expansion to the current open cooler space (used for dairy and eggs), and additional closed door freezers.

The new freezers will be located at the back of the building, where fresh vegetables, like potatoes, carrots, turnips, etc. were previously located.

The grocery shelves will be re-organized and moved from their present location to the back of the building, near the coolers and new freezers.

Fresh produce will move into the previous shelving area.

Masstown Market's



Work in progress! Renovations to the interior of Masstown Market will include expanded cooler and freezer space, with relocation of the grocery area. (Harrington Photo)

owner Laurie Jennings says the renovations/relocations are being carried out in order to allow customers to have a better shopping experience. He says they are open to ideas for new prod-

ucts and would be very happy to hear any suggestions.

"Tell folks to stop in and tell us what we should do!," says Laurie. "We are always open to new ideas."

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## THINKFARM

### SEMINAR TO BE HELD FEBRUARY 23<sup>RD</sup>

As an employer you may be having trouble finding or retaining employees, whether full-time, seasonal, or casual? A seminar to help you transcend these obstacles will be held on February 18th in Room 214 at the Perennia Innovation Park Administration Building, Bible Hill.

THINKFARM and the Department of Labour and Advanced Education have invited trainer Debbie Lawrence to help participants gain an understanding of and appreciation for working with those from other generations; and to identify communication strategies that will help them build bridges to one another.

In addition, the one day seminar will explore what motivates workers today, the dynamics of working on a family owned and operated farm, and how to really tap into the Generation Y to meet part-time labour needs.

The seminar will be held Saturday, February 23 at the Perennia Innovation Park Administration Building, Room 214, from 10 a.m. - 3 p.m. The \$20 registration fee covers lunch. Pre-registration is required by February 18.

**For more information:**  
Tel: 902-893-6575;  
Fax: 902-893-2757  
or Email: osborntc@gov.ns.ca

# Well Balanced Meals Help You Keep Warmer

By Christine Urquhart

Do you find you get cold more easily these days? Eating well-balanced meals will help you stay warmer. Do not drink alcoholic or caffeinated beverages - they cause your body to lose heat more rapidly. Instead, drink warm, sweet beverages or broth to help maintain your body tempera-

ture. If you have any dietary restrictions, ask your doctor.

Dressing warmly and staying dry are always good things to do. Adults and children should wear a hat, scarf or knit mask to cover face and mouth, sleeves that are snug at the wrist, mittens (they are warmer than gloves), water-resistant coat and boots, and

several layers of loose fitting clothing.

Be sure the outer layer of your clothing is tightly woven, preferably wind resistant, to reduce body-heat loss caused by wind. Wool, silk, or polypropylene inner layers of clothing will hold more body heat than cotton. Stay dry - wet clothing chills the body rapidly.

Excess perspiration will increase heat loss, so remove extra layers of clothing whenever you feel too warm. Also, avoid getting gasoline or alcohol on your skin while deicing and fueling your car or using a snow blower. These materials in contact with the skin greatly increase heat loss from the body.

Do not ignore shivering. It's an important first sign that the body is losing heat. Persistent shivering is a signal to return indoors.

# Onslow-Belmont 4-H Get Busy With Projects

By Anna Fullerton

New Years resolution time, kids! Have you made any yet? Are you going to keep them? These are frequented questions for people every year, no matter where you live, what language you speak, or what school you go to.

Fortunately, the Onslow Belmont 4-H club has that all figured out! As January reaches its peak, our projects get kicked into high gear, and our members start making the toughest choices that come

with the fun of 4-H: "What am I going to do?"

Now, of course, everybody has already picked what projects they'll be doing, whether it be crafts, light horse, sheep, woodworking or foods, but we're asked the age-old questions of "what breed are you going to use?" or "what are you going to bake?"

Nevertheless, it's always exciting to see what new animals come to the club, or how creative our life skills members can get!

In other news, our club and members have started picking up other non-mandatory projects to do, such as the Clovercrop, a newsletter about each 4-H club and what their plans are for the year, senior tours and scholarships, Speech and Demo day, Club Rally, and more.

Here's to welcoming 2013 with open arms and challenging smiles, who knows what's in store?

Anna Fullerton is club reporter for the Onslow-Belmont 4-H Club

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