

Our Kitchen Korner

Hard to get into the Christmas spirit

It's hard to get into the Christmas spirit with all the fine weather we've been having. Seems more like mid-October rather than late November even though the stores have been focusing more and more on the gifting season.



On the very bright side, the furnace has not had to work very much, so I'm liking the savings in heating costs. We did have a couple of mornings in late October when it was necessary to scrape frost off the windshield.

The warm weather is not going to help Christmas Tree farmers as the unexceptionally warm weather for this time of year will sure play havoc with the condition of Christmas trees being cut early for the export market. Another thing affected by the warm weather will be the condition of Nova Scotia lobsters as the warmer ocean temperatures doesn't give them time for the shells to harden up. In the last couple of years, we've noticed the shells are softer and they Yarmouth lobsters are not as full as they were 10-15 years ago.

We always try to get our lobsters from the Yarmouth area fisherman, who is selling from his truck in Truro. Last year Maurice mentioned the soft and not full shells and he mentioned there are a lot more softer shelled lobster around and he has to be very careful in picking out what he wants to sell. Both of them agreed, in their novice way, probably climate change is already affecting lobsters.

If that's the case, does speak well for the lobster industry as climate change becomes more noticeable. Climate change is likely the reason King Crab fishery in Alaska has been shut-down for 2022. Reports are they have simply vanished. If you think of that as something on the negative side, but want to switch to a positive side of the ledger here, you should think about the wild blueberry producers. For the first time in a few years many have reported a bumper crop and the price is much improved from the thirty+ cent range experienced not that many years ago, when there was also high inventory in the processor's freezers.

Speaking of blueberries, it won't be long until Linda Harrington will report on activities and have the latest market report from the Wild blueberry producers annual general meeting. I decided to go back into the archives to retrieve the recipes Linda sent along to help promote increased consumption of the berry so important to the local economy. In hopes people will include wild blueberries as part of their daily diet, Linda, at that time, requested we give credit for use of these recipes to Prevention, June 1999 for the smoothie and the WB-PANS website for Wild Blueberry Sauce.

Wild Blueberry Smoothie

- 1 1/4 c wild blueberries • 1 c. orange juice, chilled
- 2 c. fat-free yogurt • 1/4 c. fat-free or 1% milk

Combine all ingredients in a blender. Blend until smooth. Pour into two large glasses. (Prevention, June 1999)

Wild Blueberry Sauce

- 1/3 c. sugar • 1 Tbsp. cornstarch
- 1 1/2 c. wild blueberries • 1/4 c. water • 1 tsp. lemon juice

Mix sugar and cornstarch in a saucepan. Add wild blueberries and water. Cook and stir over medium heat until slightly thickened. Remove from heat and stir in lemon juice. Great with pancakes and waffles.

If you have a favourite family recipe and would like it published in the January issue, please send on or before December 6th. Please send to:

The Shoreline Journal, Box 41, Bass River, NS B0M 1B0
 Fax: 902-647-2194 or email: maurice@theshorelinejournal.com

Notes from our Federal Capital Repairing the Isthmus of Chignecto very important

After the challenges and tribulations, we have faced in Nova Scotia, following the devastation of Hurricane Fiona and the power outages that followed, November showed that we are a people that can bounce back from any adversity.

I concluded the month of October by meeting with the Nova Scotia Minister of Health and Wellness, Hon. Michelle Thompson, and Minister Responsible for the Office of Addictions and Mental Health, Hon. Brian Comer. It was a very productive and informative meeting. We talked about recruitment of healthcare workers, retention of healthcare workers and the role of international graduates.

I met with the Minister of Public Works, Hon. Kim Masland where we discussed the importance of finding a solution about repairing the Isthmus of Chignecto. I also sat down with MLA of Cumberland South and Minister of Natural Resources, Hon. Tory Rushton and continued our conversation about the important issues and concerns we hear from our friends and neighbours.

Notes from our Provincial Capital Taggart delivers "Wooden Bridge"

I will begin today with an update on the proposed new bridge in Bass River. There has been a lot of conversation and much consternation about where the new Bridge will go and who it will impact. I will repeat what I have said publicly from the very beginning. The only two things that I have stated publicly or committed to were that the Dominion Chair Company Store (not the old feed store) and the trees that were planted in the Veterans Memorial park in Remembrance of the fallen soldiers were untouchable. The clear fact is that the bridge must be replaced. I was initially presented with three options.

Option 1 was to replace the existing bridge in the same location. Given the fact any new bridge structure must meet new standards with respect to flooding and climate change. Most notably any new bridge must span a minimum of twice the current channel width and must be a certain height above the current stream bed. To meet both these requirements and to allow Maple Avenue

Upon returning to Ottawa, I have had the opportunity to meet with representatives from various stakeholder groups who have intimate knowledge as part of ongoing nationwide shortages of children's Tylenol and ibuprofen that have made lives unbearable for so many Canadians. I, along with my Conservative colleagues, will continue to question the federal government and demand they provide answers regarding the number of foreign shipments they will be receiving over the coming weeks. Parents and all Canadians deserve answers on when the empty medication shelves in their communities will be stocked.

I was fortunate to meet with representatives from the Canadian Psoriasis Network, the Canadian Health Food Association, the Canadian Lung Health Association, and Juvenile Diabetes Research Foundation, where I received some incredible input on my works

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Stephen Ellis

Notes from our Municipal Council - District 10 Remembrance Banners very popular

I would like to begin this article by congratulating the community members of Londonderry (and beyond) who were involved with the creating and installation of the Remembrance Banners that have been placed along Station Road. Seeing these banners have been a dream of Ed Langille for a very long time. I must say they are remarkable. Great job to everyone who had a hand in this endeavor. This is a lovely way of remembering our veterans.

Wow! This month flew by quicker than I can wrap my head around. It has been a month jam packed full of activity. Here I am at the end of second week of November writing this piece and realizing that if I blink my eyes there will be snow and Christmas lights. In advance: From my home to yours I wish you a joyful holiday season and a happy and healthy New Year.

This month I was fortunate to be able to attend a few of our District 10 community organizations' monthly and annual meetings. It is clear that our local community centres, churches and not for profit groups are staying busy keeping their communities best

to intersect trunk 2 would mean the demolition of Dominion Chair.

Option 2 would be to the downstream side, remove the feed store and the Elliott house. This would work except in order to intersect Maple avenue and Trunk 2 at a minimum angle of 70 degrees (90 degrees is what is called for but 70 degree is minimum) would put Maple Ave right on the edge of or possible within the current physical structure of the store. That is not workable. I have asked Public Works to actually re survey that and mark the actual road shoulder on the pavement in front of the store so I could visualize it. That will be done in the next 2 weeks.

Option 3 which is not very pleasing to many is to come off trunk 2 on the upstream side cut across the parking lot at the Veterans Memorial Park; relocate existing entrance, the flower garden

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Tom Taggart

Notes from our Municipal Council - District 9 Fiona Clean-up continues

Hello,
 We have been so lucky to have this beautiful fall weather to allow continue working on the necessary clean up and repairs as a result of Hurricane Fiona, get fall bulbs in the ground for beautiful spring flowers or getting ready for the upcoming Christmas season.

I was honoured to attend Remembrance Day services in Debert and Londonderry to lay wreaths on behalf of the Municipality of Colchester, in memory of those who fought and continue to fight for our freedom.

If you have a loved one or know someone celebrating a milestone such as a birthday or an anniversary and they may like to have a certificate from the Municipality of the County of Colchester, signed by the mayor, please reach out. I can request one and ask that you please provide a couple of week's notice in case you

interest at heart. I am always happy to attend your meetings whenever possible, you can let me know meeting times by emailing vlomond@colchester.ca or calling (902) 890-1493.

The fall conference for the Nova Scotia Federation of Municipalities was held in Halifax at the beginning of November. It was a time for councillors, mayors, wardens and staff to come together to talk about the important issue that our residents are dealing with. I was happy to take part in a conversation about Physician Recruitment and excited to hear about the efforts our provincial government are putting in to ensure Nova Scotians are able to receive quality healthcare. I know it doesn't always seem like progress is being made, but I am hopeful we will begin seeing the affect of these efforts in the coming months.

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Victoria Lomond

wish to have it for a celebration.

I realize there is still much cleaning up from hurricane Fiona. I want to send a huge and sincere thank you to Phil Redden, our director of Solid Waste and his staff who are continuing to work diligently on the aftermath; this has been a big undertaking since October 11th and they are doing their absolute best to continue gathering debris. Also, thank you to the residents for your patience. If you need help applying for available funding, please reach out so I can offer some assistance.

On November 10th, I was pleased to be able to take part in a tour of our Debert Airport as well as the Debert Aviation Center. In 2008 as part of the Debert Business Park, the airport's ownership was transferred to the Municipality of Colchester from the province. Over the years, there have been many discussions on the

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Marie Benoit

Notice to Readers and Advertisers

Upcoming Deadlines and Publishing Dates

Issue	Deadline	Published
January 2023	December 13, 2022	December 21, 2022
February 2023	January 17, 2023	January 25, 2023
March 2023	February 21, 2023	March 1, 2023
April 2023	March 21, 2023	March 29, 2023
May 2023	April 18, 2023	April 26, 2023
June 2023	May 23, 2023	May 31, 2023
July 2023	June 20, 2023	June 28, 2023
August 2023	July 18, 2023	July 26, 2023
September 2023	August 22, 2023	August 30, 2023
October 2023	September 19, 2023	September 27, 2023
November 2023	October 17, 2023	October 25, 2023
December 2023	November 21, 2023	November 29, 2023
January 2024	December 12, 2023	December 20, 2023
February 2024	January 23, 2023	January 31, 2023

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