

Our Kitchen Korner

It's seems to have been unusually warm so far this fall, but we did have a couple unexpected dustings of snow, and the slush on the roads made it treacherous. Not much wind which permitted us to enjoy leaves staying on the trees. I was amazed how much longer the leaves seemed to stay on the trees. Not much wind, Perhaps a contributing factor is we didn't have any torrential rains and heavy winds around Thanksgiving, but since the holiday, it seems like it rains for two days, and the third a bit of sun.

The fall foliage has gone and those who were thinking of a drive around the Cabot Trail before the snow flies, should change their mind as recent heavy rain has caused extensive highway, culvert and bridge damage. Neil's Harbour is without a bridge and residents are isolated, Helicopters are being used to fly in food and medications.

Lucky us that didn't happen this year. Speaking of luck, how many times have friends come to your rescue when you need them the most. I remember a few years ago, when a neighbor in Maitland, Gilda De Sousa sent in one of her recipes. It was not unusual to see walking her dogs, along the dyke, but they raised the dyke and it is not as conducive for walking, but it's getting better.

Here's the emailed note which accompanied her recipe for Pineapple Crunch Bars, "Hi ya. Well today's the day I have been compelled to write to you. I have been an avid fan of your paper and admire all your hard work. My name is Gilda. I live in the community of Maitland and have been here now for sixteen years, I too am a deranged cook, not so much baking.

Whilst growing up in Toronto when we were young my sisters would run home to watch soap operas, hence the fighting began. I would negotiate terms with bribery on some occasions so I could watch my heroes Julia Child "The French Chef" and "The Galloping Gourmet" with Graham Kerr. (I actually had a crush on him) and the oh so interesting new way of cooking with "Wok with Chan" Thank goodness for them. When I was just a wee one, to keep an eye on me, while my mother made dinner, I was told to sit at the kitchen table and watch!

For years I have been commended on my cooking. I have always admired the true "baker". Here is a recipe I found when I was a young mother and the kids needed a sweet Christmas tradition!

Hope you like it. Maybe it may be your favourite too!

Pineapple Crunch Bars

Base: (Your basic crust)

1-1/2 cups of All purpose flour

1/3 granulated sugar 1/2 cup of soft or melted butter

Combine all in a mixing bowl, make sure your mixture is crumbly. Press in an ungreased 9"X 13" pan. Bake in a 350° pre heated oven for 10-12 or so minutes remove from oven cool

Topping:

1 can crushed pineapple juice (drained well) (Drink juice! You know you want to)

2 cups coconut flakes (any size) • 1 1/2 cups of granulated sugar

1/2 cup melted butter • 2 eggs • 1 tsp. of vanilla

Combine all topping ingredients together. Mix well. Spread over cooled baked crust. Bake at 350° for 30-35 minutes until set and golden on top (you may want more of a crunch by having a quick broil) I said quick keep an eye on it. Cool and cut into bars

Hope you enjoy them as much as we do.

If you have a favourite family recipe, please send along like Gilda did. This time please send by December 8th, so we can use in the January issue, which will be published before the holidays. Please mail or e-mail to:

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The Shoreline
Journal

Notes from our National Capital *Upset at lack of funding for Women's Hockey*

As of Friday, October 29th, 2021, I have officially been sworn in as a Member of Parliament in the 44th Canadian Parliament. I want to take this moment to thank my family, close friends, volunteers, and supporters once again. It is an honour to represent the great people of Cumberland-Colchester in the House of Commons.

Since my swearing in ceremony, I have been working hard on behalf of my riding. I volunteered as the doctor on duty during the Professional Women's Hockey Players Association (PWHPA) Secret Dream Gap tournament at the Rath Eastlink Community Centre in Truro, N.S. While the games were highly entertaining, I was disappointed to learn that federal funding through the Atlantic Canada Opportunities Agency was denied for the PWHPA tour.

In response to this news, I sent a letter to the Minister responsible for the Atlantic Canada Opportunities Agency, Ms. Ginette Petitpas Taylor, and the Minister of Heritage, Mr. Pablo Rodriguez. I expressed my dismay over the lack of funding devoted to women's sports and outlined three recommendations under the 2017 study on Policy on Sport for Women conducted by the House of Commons Heritage Committee. I also highlighted how the PWHPA tour — and future sports tournaments — contribute to Canada's economic recovery as well as assists Nova Scotia's tourism sector and the equality of women in sport.

On November 10th, I was appointed as the Deputy Shadow

Minister of Health and Special Advisor for COVID-19 in the Hon. Erin O'Toole's new Shadow Cabinet. I look forward to working in a portfolio representing areas of my expertise.

As we all look forward to the recovery from the COVID-19 pandemic, many issues remain at the forefront of our thoughts including healthcare professional shortages, the toll mental health has taken on our communities, the housing crisis, climate change, rising inflation and local issues such as the Amherst armoury, Parrsboro wastewater issue and the TAAC grounds.

My team has also been successful in setting up the constituency offices in both Amherst and Truro. Of course, we also have an office in Ottawa. The phone number for Amherst is: 902-667-8679 and the phone number for Truro is: 902-895-2863. You can also contact us at our email address: stephen.ellis@parl.gc.ca



Stephen Ellis

Notes from our Provincial Capital

Monday, Thursday and Friday in constituency office

Hello from Colchester North. Fall is here!

I have just been through my first setting of the Legislature. I can honestly say it is not my favorite responsibility as your MLA. I fully understand, it is a necessary part of a very important process, and I will also say I am sure that when our party was in opposition, we would have used the same tactics. This is not to say there is not good work done there. There are legitimate points made with respect to suggestions or amendments made by the opposition to Government Bills.

We accepted some of these amendments or made amendment to our bills respecting valid points made by the opposition. However, a very significant part of the time is spent trying to get a sound bite for the media or embarrass the Government. Again this is not new or unique to the current opposition, but I can say sitting there sometimes ten or twelve hours can be painful.

Another common practice or tactic used by opposition is introducing new bills. In the past session there were 90 bills introduced. Given that the Government has the majority and sets the agenda, it is historically understood and recognized a great many of these bills never get called for second reading. Thus often the title of an opposition bill is designed to allow the opposition to say we introduced this very important bill and the government re-

fused to accept.

The point I am getting to here is the "Owls Head Act". I received many calls and emails expressing disappointment in the fact that the P.C. Party used their Majority to defeat without debate. I'll take a moment to explain the Rational for defeating a motion on this very important subject:

First, Owl's head was never on the Protected lands list. It was on a list of properties that were scheduled to be protected at some point. The previous government simply removed it from that list which permitted it to be sold or leased or developed in some way. Now I clearly do not have knowledge of what formal transactions took place from there.

However, it is prudent a New Government complete its due diligence, understand what commitments may have been made and ensure this Province and its Tax payers are not put in a position where they are financially liable to a Developer from United States.

In my opinion, it would have been irresponsible to charge ahead and pass legislation without fully understanding the situation. I am very comfortable that in time, after fully and publicly re-



Tom Taggart

Notes from our Municipal Council - District 10

5 core municipal council responsibilities

It is truly an honor to have been elected as your District 10 Municipal Councillor. I jumped right into action after the November 6th Special By-Election by responding to several constituents' phone calls and emails, attending the ground-breaking ceremony for our local Ground Search and Rescue group, and visiting Parrsboro to meet the Lieutenant Governor while he presented the Spirit award to The Cliffs of Fundy Geopark. I was officially sworn in at the regular council meeting on Thursday, November 25th, 2021.

I met some lovely people during my campaign and was asked several interesting questions. My typical response was, "First and foremost let me say I will never have all the answers but I will certainly work with you, and the staff at our county office to figure out what we can do to help find solutions."

The main question that was asked was, "What do municipal councillors do?" The short answer is: There are 5 core responsibilities that your municipal council focuses on. They are: Policing, Solid Waste, Community Planning, Emergency Management and Wastewater Management. But I also responded with, "As councillor of District 10, I will work for you on items you are passionate about, and issues that affect you and your community. Two of my strong points are: Number one, I don't give up until all possible

avenues have been explored, and number two, I have a very strong voice which I am willing to use, to benefit our rural communities, on issues that are directly and indirectly impacting our lives.

During my conversations while out in our communities "door knocking", the top three topics that kept recurring were: our road conditions, good access to policing, and the proposed windmill farms.

With regard to our roads, these mainly fall under the provincial government's purview. I do plan to set up a meeting with our new MLA of Colchester North, Tom Taggart, to find out the process of deciding which roads are paved, how the maintenance strategies are put in place and a general overview of which roads get what care. There was a paragraph in the September issue of the Municipal Newsletter outlining which level of government looks after which roads. Green road signs are provincial, blue road signs are county and white road signs are private.

Access to rural policing is also important issue that needs to be looked at. As a resident of District 10 I do not feel most rural communities have proper access to RCMP. I look forward to learning more about the process of how rural policing is managed and



Victoria Lomond

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