Shoreline Tid-Bits

Continued from page 10

Assistance for Brain Injury victims

Government is investing \$54,720 over the next three years to help low-income Nova Scotians, 19 years or older, who are diagnosed with an acquired brain injury, to access personal alert devices. These devices connect the user to 911 with the push of a button in an emergency situation. Those who qualify for the assistance program will receive \$480 a year to cover the cost of the personal alert device. More information about this program is available by calling Continuing Care at 1-800-225-7225.

Breast Density Information Available

Information about breast density is an important part of breast cancer screening and ensuring early detection and treatment. It will now be automatically included in a woman's screening mammography report. Nova Scotia is the first province in Canada to use a software that assesses breast density and automatically shares results. Knowing breast density is important because: Women with higher breast density have an increased risk of breast cancer; Higher breast density may make it more difficult for the radiologist to interpret the screening mammogram and it helps women better understand their breast cancer risk and how screening can play a role. About 65,000 screening mammograms were performed in Nova Scotia in 2018. Women who have been screened in the last two years can contact their primary health-care provider to request their breast density information. The Nova Scotia Breast Screening Program at IWK Health Centre has overseen the development of this new process using software developed by Densitas Inc. A screening mammogram, or breast x-ray, remains the international standard method of screening for early detection of breast cancer and one in eight Nova Scotia women will be diagnosed with breast cancer in their lifetime. For more information: https://breastscreening.nshealth.ca/

Younger Workers Exploring Government Careers

Government opened its doors to showcase public service careers to younger workers when more than 800 university, community college students and members of the public attended the province's second annual career fair on November 6th. Attendees explored exhibits featuring a variety of jobs, met with recruiters to set up their online job profiles and learned how to strengthen their resumes and interview skills. Between Nov. 1, 2015 and Oct. 1, 2019, the province has posted over 10,000 positions, of these 40 per cent were filled by younger workers. A third of the positions filled by younger workers were permanent; between Nov. 1, 2015 and Oct. 1, 2019, the province has hired more than 2,900 younger workers and the province has filled 1,193 positions for co-op terms, internships, apprenticeships and summer students. 365 of the positions were filled in 2019. To explore job opportunities, visit: https://jobs.novascotia.ca

Premier's Delegation to Asia

To attract investment, increase exports and create more jobs, Premier Stephen McNeil led a delegation to China, Japan and South Korea on November 8-23 to Discuss Trade, Education, Culture and Tourism. While in China, he met with the governors of Shandong, Fujian and Guangdong provinces participating in meetings to discuss trade and investment opportunities related to transportation, tourism, culture and education. Events in China included taking part in the Canada-China Business Council annual general meeting and joining Nova Scotia food and beverage companies attending Food and Hotel China, a major international food and beverage trade show in Shanghai. The province signed a memorandum of understanding with the Ministry of Culture and Tourism in Guangdong Province to help create opportunities for Nova Scotia's vibrant and unique cultural products. In Japan, the premier attended ocean-tech business meetings and meet with Ian Burney, ambassador of Canada to Japan. In South Korea, the premier attended energy-related business and government meetings. Minister of Agriculture and Fisheries and Aquaculture, Keith Colwell also travelled to China and Vietnam from Nov. 8-21. He joined Premier McNeil at Food and Hotel China, and then participated in separate meetings and events to promote Nova Scotia products in Shanghai, Hanoi and Ho Chi Minh City.

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Members of the Colchester Trefoil Guild at the November meeting are (L-R): Sheila Stewart, Anne Leggett, Caroline Blair, Joan Ellis, Goldie Chisholm, Rosemary Baas, Donna Taylor, Ethel MacLaughlin, and Rebecca Penney. (Jane Herring Photo)

Colchester Trefoil Guild Notes

By Sheila Stewart

Colchester Trefoil Guild met in the Community Room in Truro Mall on Monday, November 18, 2019 for their monthly meeting and annual Christmas get-together. The meeting opened with the repeating of the Trefoil Prayer, followed by members answering roll call by saying a Christmas-related word that began with the first letter of their names – words like joy and Jesus, Rudolph, Dancer and Dasher, Bethlehem and shepherds, angels, gold and epiphany. Greetings were received from a member in Saskatchewan and cards were signed remembering those who could not be present.

It was noted all Girl Guiding bank accounts will be moving to a unified banking system beginning in January. Minutes from the NS Trefoil Guild Semi-Annual Meeting in October were received and have been filed for safe keeping. The structure of Trefoil Guilds has recently been updated and clarified as we move with the times.

We were pleased to learn the latest "Canadian Guider" magazine contains a photo and article on a local Brownie unit as well as a welcome to a second-year-Ranger from the area who has joined the Editorial Committee. A thank you from Third Place Transition House was received; this was for donations earlier this year. Information on Trefoil Guild merchandise available in the Girl Guide on-line store was circulated; of particular interest was the crest celebrating Trefoil Guild's 60th anniversary this year. Various Christmas Craft Sales and Teas in the area were highlighted. Tentative plans were made to take up the Sisterhood Challenge in the coming months.

After the business meeting concluded, attendees enjoyed a Christmas pot luck feast of loaves, cookies, squares, crackers, cheese and beverages accompanied by visiting and catching up with each other. The afternoon closed with an activity where the meaning behind each of the Twelve Days of Christmas was discovered; this was followed by a gift exchange. This lovely tradition was a wonderful way to move into the coming Christmas Season.

The Guild will take a bit of a break now and is called to meet again on February 17, 2020 when we will celebrate Thinking Day and Guide-Scout Week.

Sheila Stewart is Co-Coordinator, Colchester Trefoil Guild

Lock Up Vehicles

It is a problem year round but thefts from vehicles increases during the Christmas season. RCMP reminds the public to lock up vehicles and keep valuables out of sight. Several areas across the province have reported an increase. For instance Halifax District RCMP reported multiple thefts were reported over the weekend.

RCMP said four unlocked vehicles were broken into and several items were stolen, including: a grey/black backpack, a wallet, a black/grey Eddie Bauer gym bag, Asics running shoes, headphones, cash, gift cards, essential oils, sunglasses and safety glasses. The thefts happened sometime overnight between November 23 and 24.

Between 6 a.m. on November 23 and November 24, a truck parked in a parking lot on Pratt and Whitney Dr. in Goffs was broken into. The suspect(s) broke the passenger side window and stole work clothing and tools. Five other thefts were reported from vehicles parked at a home on Patton Rd. in Upper Sackville. The suspect(s) stole change from inside the vehicles

ride, traditionally held over the

Thanksgiving weekend, was

cancelled due to chairlift main-

pleted. It's back up and run-

ning now and will be ready for

skiers when the snow arrives.

Repairs have been com-

Anyone with information about these incidents or others in your area is asked to contact your local RCMP detachment Should you wish to remain anonymous, call Nova Scotia Crime Stoppers toll free at 1-800-222-TIPS (8477), submit a secure web tip at

www.crimestoppers.ns.ca, or use the P3 Tips App. PROTECT
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Ski Wentworth Chairlift Ready

By Maurice Rees

The Ski Wentworth chairlift has been repaired and is ready for skiers.

During regular scheduled maintenance at the Doppelmayr facility in Quebec this summer the chairlift gearbox, it was discovered certain mechanical parts needed to be replaced. These are not 'off the shelf' components and must be specifically manufactured for our chairlift gearbox at the plant in Switzerland.

Ski Wentworth's 2019 Fall Festival of Colours chairlift



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Shop Local

Recognition Book Highlights Local Veterans ontinued from page 1 he re-enlisted with the RCAF retiring in 1970. He received at least windsor serving in WW II.

Continued from page 1
Page 131: Stuart Percy
Cochrane, Scoth Village, Hants
County and William C "Willy"
Cochrane, Windsor, both served

Page 135: Roy Edward Cormier, Springhill, served in Peacetime.
Page 141: Harry Philip Fogarty, Windsor served in WW II.
Page 143: Colin Robert Gillis, Truro was a peacetime veteran

Page 143: Colin Robert Gillis truro was a peacetime veteran. Page 147: Fred Hawkens, Springhill served WW II and Peacetime

Page 161: Gordon Lewis Mc-Cully, Debert, WW II and Special Duty Area. He was born in 1920 and during the war was a Wireless Operator and Air Gunner. In 1950 he re-enlisted with the RCAF retiring in 1970. He received at least three medals. He passed away on November 27, 2018. John Francis McKinnon, Wallace Station, served WW II and Peacetime.

Page 175: Reginald F. Porter, Center Burlington, Hants County served in Korea.

Page 179: Reginald C "Roy" Roberts, Windsor served in WW II.

Page 181: James Ellis Seary, Windsor served in WW II Page 183: George Shay, Wentworth and Garwin P Smith, Windsor both served in WW II

Page 185: Guy M Smith, Windsor served in WW II.

Page 187: Percy Frederick Smith

Page 191: James Joseph "Jim" Smith, Windsor served in WW II. Page 195: Cecil R Williams, Bass River, served in WW II. He was awarded at least four medals and passed in 2013 Copies of Volume Fifteen or to submit content for the next printing contact: Veterans' Service Recognition Book, Royal Canadian Legion, Nova Scotia / Nunavut Command, 61 Gloria McCluskey Avenue, Dartmouth, NS B3B 2Z3. Information about the book – get a copy or make a submission contact Royal Canadian Legion Branches in Debert, Great Village, Truro, Parrsboro or Springhill.