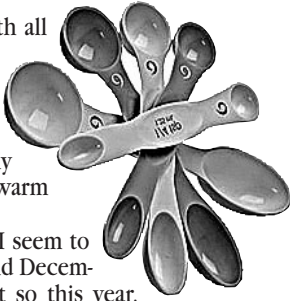


Dorothy's Kitchen Korner

Two more great recipes

Last month I mentioned with all the political antics before and since the mid-term election, I am glad I don't live south of the border. However, the way the weather has turned extremely frigid, I need to find someplace warm to thaw out by chilled body.



In thinking back to last fall, I seem to remember part of November and December was reasonably warm. Not so this year.

Strong winds and sub-zero temperatures meant the wind chill factor made it feel like -23. I wonder if this is unusual, or is climate change showing its full forces, and frigid November and December will be the norm.

Not that it had gained a stronghold on me, but with bad roads and blustering winds, but I couldn't even get my mind toned onto doing some Christmas shopping. Most days I have enjoyed staying home with our two new kittens.

In early September, I was faced with the reality, my 7 year old Pomeranian was not going to get better, so we made one last trip to the animal hospital. I had told myself no more pets, but the house got lonely and was getting more so each day, so I contacted a friend. She had a batch of kittens needing a new home, so off I go. Yes, I came back with a little ginger coloured one. A few days later, I said to Maurice, I wish I had gotten the white one.

His response. Go get it. Two will not be any more bother than one. So, off I go. Now we have two brothers, who are quickly become monsters. No problem with a litter box. They learned the first day. Their favourite toy is a small ball of crushed up tin foil. Fun to watch them bat it around the floor, then pick it up and head off to bed.

Enough about Willy and Pumpkin. Time to determine my recipes. Think I'll provide two. Not anything special for Christmas. Just two favourite cookie recipes, Grandma's Molasses Cookies and Brad's Snicker Doodles that are desirable any day.

Grandma's Molasses Cookies

- ½ cup shortening • ½ cup brown sugar
- 1 egg • ½ cup molasses • ¼ cup warm water
- 1 tsp baking powder • 1 tsp baking soda • ½ tsp salt
- 1 tsp ginger • 1/2 tsp nutmeg
- 2 cups flour • ½ cup raisins

Cream together Shortening and brown Sugar. Add egg. Mix together molasses and warm water. Add to mixture. Add dry ingredients. Mix well.

Drop by spoon onto greased cookie sheet. Bake at 380 oven for about 15 minutes.

Brad's Snicker Doodles

- 1 ½ cup sugar • ½ cup margarine, softened
- 1 tsp vanilla • 2 eggs
- 2 ¾ cups flour • 1 tsp cream of tartar
- ½ tsp soda • ¼ tsp salt
- 2 tbsp sugar • 2 tbsp cinnamon

Heat oven to 400. In large bowl combine first four ingredients, blend well. Stir in flour, cream of tartar, soda, salt, blend well. Shape dough into 1 inch balls. Combine 2 tbsp sugar and cinnamon, roll balls in sugar-cinnamon mixture.

Place balls two inches apart on ungreased cookie sheet. Bake at 400 for 8 to 10 minutes or until set. Immediately remove from cookie sheet. Makes 48 cookies.

If you have a favourite family recipe and would like it published in the January 2019 issue, please send on or before December 9th, as the January issue will be published on December 19th, a few days prior to Christmas. Send to:

The Shoreline Journal, Box 41, Bass River, NS B0M 1B0;
Fax: 902-647-2194 or email: maurice@theshorelinejournal.com

Notes from our National Capital 30 years since I was first elected

November 21, 2018 was the 30th anniversary of my first election as your representative. Mind you, over the past thirty years, I've been thrown out, thrown back in, recycled, changed parties a few times, ran as an independent, resigned for health issues and then came back in 2015. But through all of that, it truly has been an incredible privilege to serve Cumberland—Colchester for so many years.

Still is.

I've served no fewer than six different Prime Ministers (Mulroney, Campbell, and Chretien, Martin, Harper and Trudeau). I've been in Opposition and in Government. I've served as an Independent MP. I've had ten leaders and worked with countless colleagues from across the aisles, and still do. In my opinion, anyone who can survive a nomination to be a candidate for any party and then can win a federal election has something to offer. There are a few exceptions, but generally MPs from all parties bring something to the table and add value. We just need to listen.

When I was first elected there was no internet, no social media, NO EMAIL or texting. There was no Facebook or Twitter, not even cell phones. There were no phones or "laptops". Airplanes were full of smoke and every airplane seat had an ashtray. There was really no security at airports or at the House of Commons. Parliament

was wide open and anyone could just walk in. The Security Officers were not armed and there didn't seem to be any need for them to be. That has all changed now and security is a primary issue everywhere.

Lots of changes over the years and last week I noticed something else different. For 30 years the portrait of my predecessor, Sir Charles Tupper hung over the door where I exit the Parliament building. At the end of every day when I am leaving the House of Commons, I look up to his portrait, but last week he was gone. Contractors are preparing to renovate the building and Sir Charles has lost his usual place. He will be in storage for several years while the renovation work is done. It just isn't the same without him.

Sir Charles lived very close to where I grew up in Amherst and he was also a key player in the Chignecto Ship Railway project. He served in several senior political capacities including Prime Minister in 1896. He was a very colourful politician and one of our Fathers of Confederation.

Having said all of that, some things have stayed the same. The first debate we had immediately after the election in 1988 was on Free Trade with the USA. The second one was on the plight of our



Bill Casey

continued on page 6

Notes from our Provincial Capital

Heating Assistance Rebate Program (HARP) offers \$110-200

It is that time of year when many of us are thinking ahead to the winter season and that means among other things, prepare our homes for the cold weather that we can expect. The Heating Assistance Rebate Program (HARP) launched October 15, offers rebates that range from \$100 to \$200. This helps low income Nova Scotians with the cost of heating their homes. Each winter the program helps thousands of Nova Scotians manage their heating costs. The online application process is easy, fast and convenient and it has helped people get their rebate sooner.

The HARP program is available to Nova Scotians who buy energy to heat their homes with oil, electricity, natural gas, wood, wood pellets, coal, or other heating source. To qualify for the rebate, the income threshold for one-person households is \$29 000 and \$44 000 for households with more than one person. More than 42 000 people received rebates in 2017.

To apply you must pay for your own heat and meet ONE of the following criteria:

- Have a net income of \$29 000 or less and live alone with no kids or dependents
- Have a combined net income of \$44 000 or less and live with kids, dependents, or other adults

Receive Income Assistance from the Department of Community Services

Receive the Guaranteed Income Supplement (GIS) or the Allowance from Service Canada

It should take 8 weeks to get your rebate. It can take longer if more information is needed or if your application has not been filled in correctly. You will be contacted if additional information is required to process your rebate. There is no cost to apply for the rebate.

Make sure you have:

- a heating bill or receipt for oil, electricity, natural gas, wood, wood pellets, coal or other heating source dated between 01 January 2018 and 31 March 2019;
- signatures for all adults in the application;
- social insurance numbers and dates of birth of all adults in your home;
- 2017 Canada Revenue Agency Notice of Assessment for you and any other adults in your home;
- Proof of change in marital status;
- Landlord Declaration Form if you rent and pay for your own



Karen Casey

continued on page 6

News from our Municipal Council - District 10

I'll focus on high speed internet and solar energy

Will we see bare ground again before March? That is the Question. I sure hope so or it will be a long depressing winter. I am away for a few days but calls I am receiving are telling me the roads are good from Parrsboro to Portipique. Whoever is responsible in Parrsboro needs to know what a great job they are doing! I believe this speaks to commitment and actually caring and taking their job and the responsibility that goes with it seriously.

Some will say I should stick to what I am responsible for, so I will do that for the remainder of this article. Starting with broadband and high speed internet.

As I have stated previously Colchester, Cumberland and Pictou are having discussions re, working together to improve our goals. It is possible Pictou may be too far along on a separate path and it may be just Cumberland and Colchester. Councillor Mike Gregory and myself have been appointed by Council to be part of this Committee and last week we were briefed on progress to date, which I believe is coming along nicely.

I also believe the Province is approaching this in a very positive way. The Province has committed in excess of \$155-million to Nova Scotia to projects and have given Develop Nova Scotia the mandate to manage the file.

As I understand things Develop NS is completing the necessary work that will indicate the best path forward or should I say the

prep work or due diligence each project will need prior to beginning. This will be very beneficial to all municipalities and avoid everyone paying separately for similar advice. From that point Municipalities will have the required technical information which will enable them to move forward to determine what is best for their region and begin the process of applying for funding.

Now we have Provincial Funding, however, the last Federal funding program, "Connect to Innovate" has been depleted. There is an expectation additional future Federal funding is not far away. I am actually in Ottawa right now at Canadian Federation of Municipalities meetings and this is the number one concern of rural municipalities across Canada. I can say having met several MP's from all parties Canada-wide, connection is top of mind for them as well.

I believe it is fair to suggest our Municipality recognizes the importance of this. Satisfactory internet service has basically become an essential service. I believe municipalities should be willing to support financially as well. As usual this will take longer than we all wish, but in the end, I hope it will be a case of all three levels of government working together to achieve a common goal.

Some time ago, two maybe three years ago, I spoke about a large

continued on page 6



Tom Taggart

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Upcoming Deadlines and Publishing Dates

ISSUE	DEADLINE	PUBLISHED
January, 2019	December 11	December 19, 2018
February, 2019	January 23	January 31, 2019
March, 2019	February 19	February 27, 2019
April, 2019	March 19	March 27, 2019
May, 2019	April 23	May 1, 2019
June, 2019	May 21	May 29, 2019
July, 2019	June 18	June 26, 2019
August, 2019	July 23	July 31, 2019
September, 2019	August 20	August 28, 2019
October, 2019	September 17	September 25, 2019
November, 2019	October 22	October 30, 2019
December, 2019	November 19	November 27, 2019
January, 2020	December 10	December 18, 2019

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