

Southampton Fire Department Annual Awards Night



The staff at Glooscap Restaurant & Lounge prepared a fantastic serve yourself buffet for Southampton's Fire Department annual awards night. (Rees Photo)



A long line up of 40 guests for the buffet, while some were already enjoying the meal in Parrsboro on October 20th. (Rees Photo)



Corey Williams received his five years of service recognition from Chief Joe Atkinson at the Southampton Fire Departments award ceremonies on October 20th. (Rees Photo)



Happy couple Carissa and Joe Atkinson as Joe recognizes wife Carissa for her five years of service as a member of the Southampton Fire Department. (Rees Photo)



Five Islands Chief, Darrel Spence, centre, was not in uniform because he had been in the kitchen at his own fire hall helping serve at community supper then rushed to honour Southampton Fire Department along with other area chiefs. Pictured above are (L-R): James Shaw, Parrsboro; Joe Atkinson, Southampton; Greg Jones, Amherst; Darrel Spence, Five Islands; Shane Theal, River Hebert; and Kendall Spence, Springhill. (Bruce Burbine Photo)



George Pugsley, Deputy Chief, was presented with his 40 year service award. During remarks he highlighted the early days he participated in a walkathon from Parrsboro to Southampton to raise money for a furnace. (Rees Photo)

Annual Christmas Concert at "The Hall"

By Patricia Burke

The Parrsboro Band Association will hold their Annual Christmas Concert on Mon. Dec. 17, 2018 at 7 pm at "The Hall", 44 King Street in Parrsboro. There will Christmas music played by Thee Elastic Big Band, The King St. Strummers and Jazz

Improv. The Parrsboro Citizens' Choir will entertain as well.

During the intermission there will be festive treats along with coffee. Tickets are only \$10 and can be purchased at Ken's Grocery, Art Lab and Harrison's as well as at the door.

Helping Older Nova Scotians Stay at Home

Home Services Nova Scotia, a new program launched on November 7 will help older Nova Scotians live in their homes longer.

The program helps older adults access a variety of affordable, non-medical services such as housekeeping, meal preparation and yardwork. The services are provided by people living with intellectual disabilities and mental health issues and delivered with the help of community

agencies.

"This program has created an extremely valuable service," said Seniors Minister Leo Glavine. "Home Services Nova Scotia helps support older Nova Scotians age at home and maintain a connection to the community. They can get help with simple chores, running errands, even shovelling snow.

"We're excited to help older Nova Scotians keep their independence and build

stronger, more inclusive communities."

Created by DIRECTIONS Council for Vocational Services Society and funded by the province, the program supports SHIFT: Nova Scotia's Action Plan for an Aging Population, a government initiative that focuses on helping older Nova Scotians stay involved in work, entrepreneurship, volunteering and other activities.

"Home Services Nova

Scotia will assist those in need to navigate and solve day to day problems," said Marilyn Clarke, project mentor. "People get to make the choices they want and receive safe, affordable, reliable help."

A direct partnership with 211 will ensure people can locate the service provider in their community. For more information on Home Services Nova Scotia, visit <http://www.directionscouncil.org>

Harrison's
 **Home**
 hardware
 building centre



Mitsubishi Mini-Splits
 Starting as low as
\$39.99

O.A.C. per Month

Contact Mike today to set up your in-house consultation.

902-667-3306