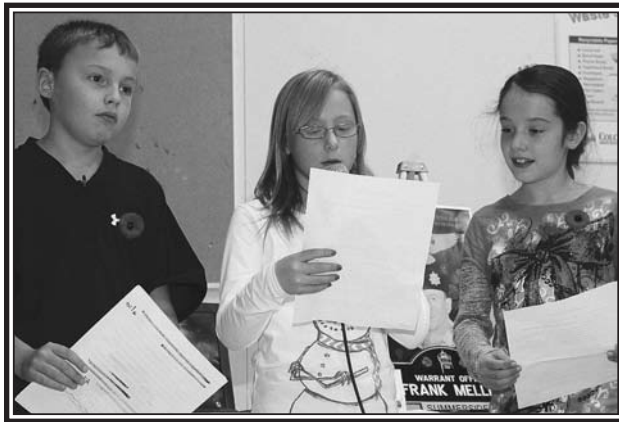


Chiganois Remembrance Day Service

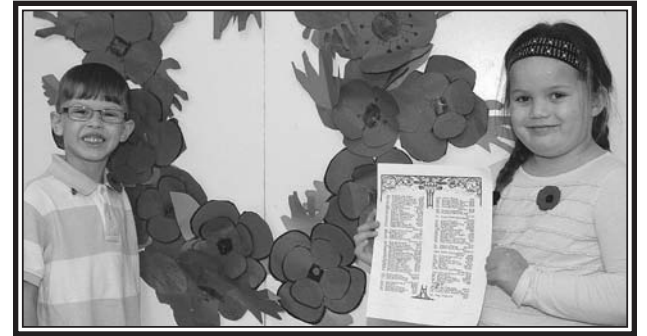
November 2012 Photos by Linda Harrington



Cadets Mason Murphy and Katie McNutt laid a wreath on behalf of all students and staff during the Chiganois Elementary Remembrance Day Service. (Harrington Photo)



These three Chiganois students did a great job as emcees of their school's Remembrance Day Service. (Harrington Photo)



Chayse Petrie and Chiara Zwicker helped decorate the gymnasium with their colorful artwork for the Remembrance Day Assembly. Chiara is holding up a Record of Remembrance for her grandfather's time serving our country. (Harrington Photo)



Primary student Clara Smith shows her sisters Madelyn and Morgan, and her mother Mary, the beautiful poppy she made to decorate the Chiganois gym for the Remembrance Day Assembly. (Harrington Photo)



Grade one students recite a poem about the red poppy, during the Chiganois Elementary Remembrance Day Service.



Guest speaker Sandy Mellish shows her great-nephews (and god-sons) Mason and Logan MacNeil a street sign from Summerside, PEI, named in honour of her son WO Frank Mellish. Sandy spoke at Chiganois Elementary during the school's Remembrance Day Service and she brought many photos and memorabilia of her son to share with the students. Frank was killed in Afghanistan on Sept. 3, 2006 at the age of 38.

RCMP Top Ten Tips for Safe Winter Driving

Submitted by: Cpl. Addie J. MacCallum,
Community Action Team, Colchester County RCMP
283 Pictou Road, Bible Hill, N.S. B2N 5V3
(902) 893-6820

Pre-trip preparations

There are steps motorists can take to reduce the likelihood of being involved in a collision during winter weather. The first starts before even getting into the car. Take the time to brush the snow from all of the windows, side mirrors, headlights and tail lights. We've all seen those motorists who only clear a small area on the front windshield and then start driving. This is dangerous for them, for everyone else on the road, and it's something police will issue a ticket for if they see it. It's also important to clear the snow from the hood and the roof. If not, there is a very real chance it will blow off on the highway and create hazardous conditions for anyone travelling behind.

Plan ahead

Before heading out, check to see what the current road conditions are and what type of weather you should expect. In Nova Scotia, motorists can call 511 for a list of current road conditions, or they can find them online at www.511.gov.ns.ca/map/ through the Department of Transportation and Infrastructure Renewal. Motorists are also advised to make sure someone is aware of their travel plans, especially during times of inclement weather.

Drive according to road conditions

If the roads are slippery it will take more time and distance to stop. The simplest solution is to slow down. It is also important to leave a safe amount of distance between vehicles, especially on the highway. That way, in the event of an emergency stop, there will be more time to do so. Anyone who has ever been in a collision knows that one or two seconds makes a huge difference.

Know the limits of your vehicle
Many times, motorists driving four-wheel drive or all-wheel drive vehicles feel safer because of the improved traction and additional ground clearance. It's important to keep in mind that

stopping ability is not improved. Four and all-wheel drive vehicles can reduce your chances of getting stuck, but they won't help you stop any better during slippery conditions.

Weigh the importance of the trip against the current weather conditions. When the weather is really bad, police often advise motorists to avoid traveling if possible.

Tires

When it comes to winter driving, good winter tires are one of the most important investments a motorist can make. The rubber used to make winter tires is specially designed for cold conditions. It's softer, which allows the tires to maintain better contact with the road. As well, the treads are designed to grip the road better by displacing slush and snow. It's also worth noting that all-season tires are not the same as winter tires.

Buckle up.

A seatbelt will help keep you in your seat if the car does slip on the roadways, and it will help protect you at the moment of impact.

Cell phone

Another safety device to take with you is a cell phone. This does not mean texting or talking while driving, but if you do get into trouble, a cell phone is an important tool to have with you.

Winter Safety Kit

A winter emergency kit for your vehicle should include a cell phone, flash light and batteries, emergency food, bottled water, candles, blankets, booster cables, sand or kitty litter for traction, tow cables, and road maps.

Vehicle Maintenance

Ensure your windshield wiper fluid is a winter variety that will not freeze, and keep it topped up. Take the time to make sure the car is running properly. Oil changes and regular servicing are important for both vehicle maintenance and vehicle safety. Have a mechanic check on the condition of the battery. If it's old, have it replaced. And finally, keep the gas tank topped up.

Contact Information

Nova Scotia RCMP, Non-emergency number: 1-800-803-7267



Comrade George Cook, of the Debert Legion, was one of the guest speakers at the Chiganois Elementary Remembrance Day Service on Nov. 10th. (Harrington Photo)

Christmas Season Fast Approaching in Parrsboro

By Patricia Burke

It is hard to believe that the festive season is just around the corner. Homes and businesses are beginning to decorate. There are several Christmas events and fundraisers during the next 3 weeks.

From experience all the mentioned sales in this article serve great food and craft tables so don't miss any of them. On Thurs Dec. 6 Trinity United Church in Parrsboro will hold their monthly Chowder & Soup Luncheon from 11:30-1 pm. Later in the day on the 6th the Fundy Geological Museum will finish their Christmas Tree Exhibit with a reception at 7 pm.

The next day on Fri. Dec. 7, 2012 will be a fun filled day in Parrsboro beginning at 2 pm, the Seniors Christmas Party will be held at the Royal Canadian Legion. The Board of Trade will hold their Annual Christmas Parade at 6:30 pm. Following the parade a reception will be held at The Hall to announce the winners of the parade. Santa will also be there to see the kids.

The fun continues on Sat. (8) with a Craft Sale at the Fundy Geological Museum from 10-3 pm. Recycle Frog will be at The Hall from 10-4 pm. They are buyers of gold and silver and lots more. At 12:30 pm St. Brigids will hold their Christmas Tea and Sale till 2 pm.

Trinity United Church in Parrsboro will hold a Christmas Tour

of 4 members of their congregation homes. The tour is from 3-7 pm, Dec. 8th. For more information call Julie McMillan at 254-3488. At 7:30 pm the Living Christmas Tree performance will take place in Port Greville. A free will offering will be taken up. There will be a second performance on Sun. (9th) at 7:30. A great performance. Don't miss it.

The Hall will have Movie Night on Dec. 5 (We Bought a Zoo) & 19 (First Position) at 7:30 pm. Open Mic will be held on Fri. Dec. 21 at 7 pm only for Dec. A kid's matinee will be held on Sun. Dec. 23, 2012 (How the Grinch Stole Christmas) at 3:15 pm. The Parrsboro Citizens Band will hold their

Annual Christmas Concert on Mon. Dec. 17, 2012 at 7 pm. Plans are in the works for the entertainment but it is guaranteed it will be a concert not to be missed. Cost is \$10.00. Refreshments served at intermission.

Want to show support to The Hall? We are the charitable organization for December that you can buy a 50/50 ticket and show your support at the Co-op in Parrsboro. Thanks to the Co-op for allowing us to be one of their charities to help. Every Thurs at 7 pm, Storytelling will take place at the Anglican Church Hall at 7 pm.

I would like to extend a Merry Christmas and Happy New Year to everyone.



If you suffer from...

Acid Reflux/Digestive Problems, Constipation, Irritable Bowel, Low Energy, Arthritis, Fibromyalgia, Weakened Immune System, Psoriasis/Eczema, Crohn's Disease, Restless Leg Syndrome, Sciatic Nerve Pain, Dry Skin/Brittle Nails and Hair, PMS/Menopause, Allergies, Inability to Heal Wounds, High Blood Pressure, High Cholesterol, ADHD/ADD, MS, or Diabetes

Come in and talk to me about Atlantic Healing Hemp Products. Hempseed Oil, Body Care products, Hemp Care for Athletes, Hemp Hearts, Even a Pet product line, and much more.

Located at 231 Main Street, Parrsboro, NS,
Call Debbie at 902-254-2892 for more details.