

The Shoreline Journal Tid-Bits

The Fundy Food Trail has returned for 2022

The Cliffs of Fundy Geopark is organizing another fun Fundy Food Trail from July 23 to August 1. You may "dine your way" down the coast by visiting local eateries that make up the "Fundy Food Trail". Each stop will serve up specials for the Food Trail, and highlight numerous other participating eateries up and down the shore. Taste the many flavours of the landscape! From Maple Syrup to burgers and icecream, the Fundy Food Trail has something for every palette. This event acknowledges Food Day Canada on July 30th. Look out for Fundy Food Trail signs at local businesses to see the Food Trail Stops. Take your time through the week to savour the flavours, and create your own culinary adventure road trip down this awesome coastline. More information will become available at www.fundygeopark.ca/fundyfoodtrail

Nova Scotia Child Benefit Increases

The Province is helping Nova Scotian families with lower incomes by increasing their Nova Scotia Child Benefit effective Friday, July 1. The benefit is a tax-free payment to eligible families to help with the cost of raising children under 18. Depending on household income and the number of children, families will now receive as much as \$1,275 per child annually, at least \$350 more than the previous year. People are not required to take any action, as both the federal and provincial benefits are based on personal income tax returns. However, people are encouraged to file their income tax returns for 2021 if they haven't already filed.

EHS to Hire 100 Transport Operators

Emergency Health Services (EHS) is hiring 100 more transport operators across the province to handle routine patient transfers. These new, non-paramedic staff will help reduce pressure on the ambulance system and allow paramedics to focus on responding to emergency calls.

Currently, there are 80 transport operators who support EHS's Medical Transport Service and Patient Transfer Units. The new hires will increase the number to 180. Both types of transfer services use specifically designed vehicles staffed by transport operators who have training in first aid, vehicle operations and EHS equipment and have direct radio access to the EHS Medical Communications Centre.

The Medical Transport Service is for low-risk patients who have been assessed and do not require medical care during transport between hospital facilities or home and hospital. Patient Transfer Units are used between healthcare facilities for transfers that are not critical or urgent. In 2021, EHS responded to 182,000 calls - an average of 500 per day, about 30 per cent of the calls did not require medical care during transport.

Workers reminded to Work Safely this Summer

Nova Scotians, especially young workers, are reminded to take proper precautions at work and continue to make safety a top priority on the job this summer and all year-round. For example, during the hot days of summer, people who work outside should be mindful of the signs of heat stress and take measures to prevent it.

To reduce the chance of heat stress and exhaustion, employers should provide a cool place to rest and introduce work/rest practices during extreme heat and humidity. Workers should try to limit direct exposure to the sun during the hottest parts of the day, consume plenty of liquids and wear appropriate loose clothing.

Under the Occupational Health and Safety Act, workers on job sites should always be aware that they have the right to: know about health and safety matters; participate in decisions that could affect their health and safety and refuse work that could affect their health and safety and that of others.

Workplace safety is a shared responsibility and everyone has a role in keeping workplaces safe and fair. Workers are encouraged to call the Department's workplace and technical safety information services line at 1-800-9LABOUR if they see unsafe practices on the job, to report safety concerns seen in public related to technical equipment like elevators or cranes, or have questions about general workplace safety.

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Week Parade. There were so many activities, including nature walks, sports games, and arts and crafts projects. While in town, I spoke to small business owners to discuss summer funding, and of course, participate in the parade.

The following day, I met with my friend and colleague, the Member of Parliament for South Shore - St. Margaret's, Rick Perkins, to give him a tour of Cumberland-Colchester. He was extremely impressed by our beautiful landscapes.

A couple days later, I went to Cumberland County to tour the Pugwash Salt Mine. It was so interesting to learn about the salt mine's rich history. This mine provides all Nova Scotia's road salt to keep Nova Scotians safe throughout each winter.

Later in the month, I met with Chief Lorraine Augustine, the President of the Native Council of Nova Scotia. We discussed existing federal government programs and services for Indigenous Canadians and how to best support Mi'kmaq individuals living on and off reserves.

At the end of the month, I attended the Fire Fit Competition in

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are actually supporting our personal future food security.

Also, I have been fortunate to have had the Premier in Colchester North for an afternoon. We visited farms in the Great Village area as well as business in the Debert Industrial Park. The Minister of Economic Development spent an afternoon with me in Tatamagouche visiting farm markets and local beverage and food producers. I also had an afternoon with the Minister of Seniors and Long term care visiting about.

Other than the what I will call typical responsibilities of an MLA like supporting residents as the work through the challenges of Government Bureaucracy, I am working on other projects, however, it is just a bit early to comment on. I will say that I am Cautiously optimistic with respect to being able to get a significant number of residents off the "need a doctor list" in the months ahead. I am also working on lack of housing, business development and immigration. With respect to immigration, I often hear some

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the RECC, the Railyard Mountain Bike Park is located at the southern end of Victoria Park and contains over 40kms of bike trails. It's here you'll find some of the best and most accessible mountain biking in Nova Scotia.

The Railyard is a free public facility and provides mountain biking experiences for all ages. The Railyard has been designed with a variety of skill levels in mind. From the beginner pump track, easy single and double track trails and beginner skills section, to the advanced "Callus Cut" jumplines and wallride, for more expert and advanced riders.

The Railyard trails are marked with the Railyard's signature purple signage. Most trails are cross country in nature and are enjoyable on many types of bikes. Fat biking is particularly popular during the winter months. Trails vary from flat greens that can be enjoyed by the whole family, to more difficult blue trails and black features. You'll find technical root sections, drops, bridges, rollers and jumps throughout. There is also a Pump Track and Skills Park area which offers progression for drops, jumps and technical features.

Mayor Bill Mills, Town of Truro said, "Sport and recreation facilities are integral parts of any healthy and vibrant community. The Rath Eastlink Community Centre and Railyard Mountain Bike Park provide exceptional benefits to Truro and surrounding areas. Our government is proud to invest in projects like these that give residents and visitors more options to stay active and connect with their community."

Appreciative of the funding, - Matt Moore, General Manager, Rath Eastlink Community Centre was quoted as saying. "As we enter our 10th year of operations, we are very excited to acquire this new infrastructure that will greatly complement our major event hosting strategy and create new opportunities for sport tourism within our region."

Amherst. This event has competitors performing firefighting tasks used in emergency situations. It highlights the important - and labour intensive - work that goes into being a firefighter and keeping our communities safe.

I also travelled to Ottawa to participate in the emergency SECU Committee (Public Safety and National Security) along with Conservative colleagues. This is to discuss the potential political interference in the Portapique mass shooting inquiry. This is extremely important to me, and all affected by this terrible tragedy.

I have enjoyed this busy month, and I look forward to the remainder of my summer visiting more communities. I would like to thank everyone I met at all the events I visited. It has been a pleasure to catch up with old and new friends. If there is an event you would like me to attend, please contact my office at stephen.ellis@parl.gc.ca

I hope everyone continues to have a fun and safe summer.
Dr Stephen Ellis is MP for Cumberland Colchester. He can be reached at: 902-895-2683, or E-mail: stephen.ellis@parl.gc.ca

opposition. I need to say that for Colchester North or in fact Nova Scotia to prosper we need business and employees to drive our economy. When I hear those opposed to immigration, I immediately think about the fact that every business I speak with is looking for employees. Every business has a sign HELP WANTED and then I read where we have a 7% unemployment rate and record high demands for Social Assistance. It is a bit of a head scratcher for me. Therefore, I will be aggressively working on attracting employable immigrants to Colchester North. There is no shortage of work and I am very happy and appreciative to be in a position to work on these challenges.

Please enjoy your summer. Stay safe and if in the unfortunate event we get the extreme heat some others are currently getting, be aware and stay cool and hydrated.

Tom Taggart, MLA, Colchester North can be reached at: (0) 902-641-2335 or tom.taggartmla@gmail.com

On behalf of the Truro and Colchester Chamber of Commerce, Matthew Mossman, President, added: "This project will provide critical assistance to small businesses in our region as they work to recover from the global pandemic that rocked consumer confidence and deeply impacted sales. As the local voice of business for Truro and Colchester region, we are extremely proud to work with ACOA on this project to promote locally made products, provide assistance to businesses to enhance or create more welcoming spaces and increase the profile of businesses through marketing efforts, while also working with partners to create new experiences for people visiting our region."

Dave Ritcey, MLA, Truro-Bible Hill-Millbrook-Salmon River can be reached at 902-897-0884 or by e-mail at milaritcey@bellaliant.com



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