



Heavy rains caused some flooding at Elm River Campground on June 29th. Several trailers were moved to higher ground, and the entrance to the campground was blocked for a few hours until the waters receded. (Harrington Photo)

Millbrook Health Fair 2018

By Nigel Gloade

Millbrook's Annual Health Fair at the Millbrook Gymnasium is a community information session with local Health Care Specialists. Community member Valerie Julian-Meader has been organizing the Health Fair since 1998. It has grown over the years to include various local businesses and partners. This year's event hosted 37 vendors spread amongst 32 tables!

Attendees were treated to tea, coffee, sweets and a bar-beque lunch provided by the wellness program, as well as a variety of knick knacks and information from different vendors. As in previous years there was registration for vendors and participants for prizes donated generously by the vendors and local businesses the grand prize this year was a bar-beque which was donated by wellness program!

Valerie Julian-Meader said, "We have a lot of resources here and people get to see a face and see who is there, and what's available". Some of the vendors who participated

were, Non-Insured Health Benefits, Canadian Cancer Society, Crime Stoppers, Sleep Therapeutics, Confederacy of Mainland Mi'kmaq, Mi'kmaq Conservation group. Non-Insured Health Benefits was present this year and were able to help attendees understand what is covered under Non-Insured Health Benefits, "Which is great because a lot of people call the Health Centre wondering what is covered and what is not" says Carla Moore, Director of Health Services.

Valerie enjoys seeing the vendors interacting, informing and helping our community members. Most notably, one individual had a disabled child who was having difficulty at home with nowhere to turn. Valerie introduced them to the Disability Support Program, who was able to provide at home services!

This year the fair boasted a total of 235 people! Various Health Centre staff participated, including Nurses, Suzette and Cindy to check blood pressure for attendees

while CMM's Diabetes Worker was checking attendee blood sugar levels.

Since it's inception this year was one of the biggest Health Fairs, usually a max of 35 vendors are allowed to attend, that's just the organization themselves, if they bring 4 or 5 people in their group it makes for great exposure! The Health Fair also provides an opportunity for organizations to network between each other, giving them a chance to work towards the greater good of the community.

Carla Moore, Director of Health Services said "They've been having the Health Fair for years, and it gets very good participation from the community and also from the vendors. Every year Val has to turn people away because we have more people wanting to be involved then our current space can accommodate." Valerie hopes as the Health Fair continues to grow it could be moved to a larger location, which would alleviate having to turn people away who want to share information with our community.

Photos from Nigel Gloade



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Debert Elementary Recognition Ceremony

Photos by Linda Harrington



Doug and Joan Stiles present Andrea Chater with the 2018 Debert Elementary Joy Stiles Award for Leadership in Physical Education.



Grayson Spencer accepts his graduating certificate from principal Dr. Scott Armstrong during the Debert Elementary Grade 6 Recognition Ceremony.



Trinity McLellan and Trinity Brown share their student reflections during the Debert Elementary Grade 6 Recognition Ceremony.



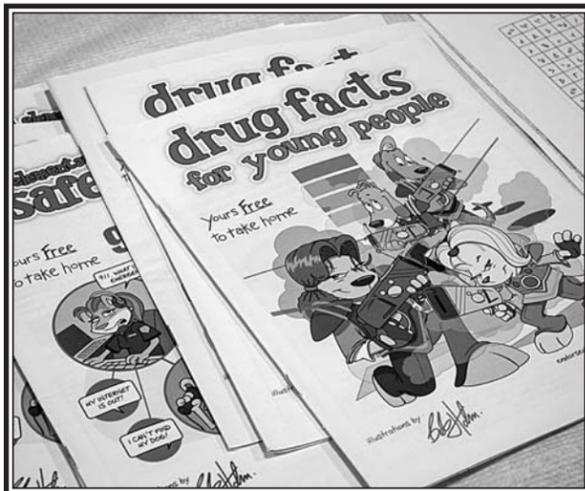
There was a cake and punch reception following the Debert Elementary Grade 6 Recognition Ceremony.



Fifteen Debert Elementary students took to the stage for their Grade 6 Recognition Ceremony on Monday, June 25th.



The Grade 6 graduating students were presented with Class of 2018 t-shirts by the PTG.



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