

PHOTO FEATURE

Masstown Market's Strawberry Festival Berry Bonanza on July 12 and the 5th Annual Catch of the Bay Seafood Festival - July 18-19.

(Harrington Photos)



Walter McElhinney, Councillor Doug MacInnis, Councillor Tom Taggart and MLA Karen Casey were good sports in the blind folded strawberry hulling contest as part of Masstown Market's Strawberry Festival Berry Bonanza on July 12th. Walter McElhinney proved to be the champion huller for the day. (Harrington Photo)



Too much pie! Kelton Atta may not have won the pie eating contest during Masstown Market's Berry Bonanza on July 12th but he sure had fun anyway. (Harrington Photo)



Dan Wesley and Hugh Murray were enjoying playing their small pipes on day 2 of the Catch of the Bay Seafood Festival, July 19th. (Harrington Photo)



Eight month Elizabeth Sharkey is enjoying watching fish swim around in the Nova Scotia Aquaculture tank as her dad Patrick gives her a good view. Touch tanks were part of the 5th Annual Catch of the Bay Seafood Festival on July 18th. (Harrington Photo)

Inexpensive Garden Decorations

By Christine Urquhart

With it getting hotter each day please be sure to have a bird bath or other water feature available for our feathered friends to get a drink (and take a bath!) It is good to still be feeding the birds, and you might be surprised what birds will come to your feeders this time of year.

Our hummingbirds are busy at the sugar feeders and you can plant flowers which will attract not only hummingbirds but butterflies as well. These flowers will enhance your garden and bring those "flying" flowers which will make your garden an enchanted place to be.

You don't have to spend a lot of money to make your garden look great. Look around your house, do you



have an old but pretty plate you no longer use? Place it in your garden as a back drop to the flowers.

An old bowl? Dig out a hollow for it and fill it with water. Some old cups? Plant one flower in each and line your steps with them. Just look around and see what comes to mind; you'll be surprised with what you come up with!

Hayman Reunion a Success

By Christine Urquhart

I recently hosted a Hayman Family Reunion at our cottage in Brule. It was loads of fun with many of our relatives and their families attending. Our youngest attendee was Emily Kittleson who is only 7! Our oldest was Elva Langille, nee Hayman, who is 88! Emily is Elva's great granddaughter.

Attending from the farthest away was my first cousin Doug Hayman, from Victoria BC. Doug is the son of my father, Don Hayman's, oldest brother Alden Hayman. Also from "away" were Marion and Paul Farrugia from Bolton Ont., Marion's brother Colin Starratt from Ottawa and Marie (nee Hayman) and her husband, Lawrence Weatherbie from Hamilton

Ont. Marion and Colin are the children of my dad's sister Elda (Hayman) and Garth Starratt.

There were many attending from Nova Scotia so we had lots of folks there who enjoyed themselves very much! On Friday afternoon we gathered around at the cottage on lawn chairs then had a family BBQ at supper time. Lots of food! Later on in the evening we got out the guitar and sang many songs, some of which we even knew the words for!

On Saturday some of our "away" folks went in to Truro and stopped to take photos of some of the old family homes before heading off to Victoria Park to hike up to the Falls. Afterwards they hurried back in time to take in the lobster

dinner in River John. The afternoon was again spent lazing in lawn chairs as all but one of our "away" folks had done the old homesteads and graveyard tours.

At supper time we all gathered at the Brule Community Center where the ladies there provided a wonderful pot luck meal for us. Once we had eaten our fill, and some ate more desserts than others, we played cards until time to head off for bed. On Sunday morning we gathered at Brule Union Church and enjoyed worshipping with their congregation. We had

lunch at the cottage and as the weather had decided we'd had enough sunshine, sat around inside listening to the rain and played some silly games. Finally it was time to bring things to a close and we all hugged each other before going our separate ways.

I had put together a book of family stories which I sold cheaply to our family members and they were pleased with it. These books are still available at a small cost of \$25. If you are interested in having one, just contact me at either 902-662-3550 or rcurquhart@ns.sympatico.ca

Check for Ticks Daily

By Christine Urquhart

Recently there has been talk of a problem with ticks. Many people do not remember seeing ticks or being bitten. Tick bites commonly occur from May to September in North America, although this varies from year to year and from region to region. Ticks sometimes move around on the body but they usually attach themselves to the skin and stay in one place.

Before feeding, ticks look like small, brown scabs or freckles. After feeding, ticks may swell considerably, and could be as big as a raisin or a small grape. Our pets are often at risk of getting tick bites, due to being closer to the ground than we are.

Check your pet every day if they have been outside in long grass or in the woods. Check yourself, also, if you have been with them! Although in our area ticks have not been carrying the disease for Lyme, it is best not to take any chances.

Birds can spread diseased ticks from one area to another, in particular songbirds that feed off the forest floor. Because these birds are migratory, there is the potential for new populations of the bacteria to spread across the country. There are tests for Lyme disease.

When a person becomes infected, the body creates antibodies to protect itself from the bacteria. Certain blood tests are available to measure these antibodies. However, sometimes a "false negative" test can result if there are not enough antibodies in the blood for the tests to detect accurately. A doctor should also do a complete medical examination and get information about your activities in order to make a clinical diagnosis for Lyme disease.

If you find a tick on either yourself, other family members or your pet you should carefully remove the ticks. Gently use fine pointed (needle-nose) tweezers to grasp head and mouth parts of the tick as close to the skin as possible. Pull slowly to remove the whole tick. Try not to squash or crush the tick since this can help bacteria to get into the body.

Immediately put Polysporan on the bite site. Then, do your best to save the tick to take to your doctor if you develop signs of Lyme disease. These signs include a circular rash, fatigue, chills, fever, headache, muscle and joint pain, and swollen lymph nodes. If you have any of these symptoms after getting a tick bite see your doctor immediately.

Drum Making Demonstration

By Maurice Rees

The Cobequid Interpretive Centre in Economy will be hosting Garrett Gloade, drum keeper and senior heritage interpreter, Millbrook Cultural & Heritage Centre to conduct a traditional drum making demonstration on July 29th from 10 am to 1 pm.

The public is invited to see how traditional Mi'kmaq drums are made and the significance of each element incorporated in their making. Mr Gloade will demon-

strate his skills and answer your questions.

The event is free, but donations are appreciated to support the Cobequid Interpretive Centre, which promotes cultural heritage, history and geology of the West Colchester shore of the Bay of Fundy.



Image courtesy native-drums.ca

19th Annual Umbrella Relay Walk

By Noreen Lewis

The Cobequid Pastoral Charge of the United Church of Canada will be holding the 19th annual umbrella relay walk on Saturday, September 12th. The walk will start at both ends of the charge at 9:00 am and go until complete (approximately 12:30 pm).

The walk covers a distance from Portapique to Lr Five Islands walking in two Km intervals. Come as an individ-

ual or organize a team of two or four people and join in the fun. To register as an individual or team and obtain sponsor sheets, contact: Bass River - Darlene Smith, 902-647-2817; Five Islands - Dorothy Carson, 902-254-3759 or Economy - Carole Dibbon, 902-647-2022.

Register now. Proceeds for the Cobequid Pastoral Charge. Refreshments to follow at Economy United Church. Everyone welcome.



Garden Park Apartments, Parrsboro, celebrated their 1st Open House on July 4th. Mayor Lois Smith had the honour of cutting the ribbon with Philip Stone. Many residents were anxious to get a look at this new offering. (Lawrence R. Nicoll Photo)

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