

# Dorothy's Kitchen Korner

As Nova Scotians we are all famous for wanting to talk about the weather and when we meet someone new who indicates they are from Cape Breton our first part of the conversation might be, "Who's your father".

As to the weather, I don't want to elaborate on what everyone else is saying, in that it's too hot and far to muggy. I detest cold winter days, but find I am minding the hot and muggy days we are having in July.

It's nice to see the rate of oil spewing into the Gulf of Mexico is significantly reduced even though the problem has not been solved. Now they are in evacuation mode to get out of the path of tropical storm, Bonnie.

That disaster sure has made other government jurisdictions nervous. We already see the trickle-down affect here in Nova Scotia. Fishermen in the outer reaches of the Bay of Fundy and Gulf of Maine areas compromising "George's Bank" are probably resting a bit more comfortable that drilling moratorium will continue. As long as they don't let their guard down, because politicians and the electorate have short memories.

Late this week, questions are starting about drilling policy and safety concerns about deep offshore drilling off Newfoundland. All these events might bode well for more onshore activity in Atlantic Canada.

However, here in Canada, we have a new situation which is keeping the chins wagging at the water cooler and over the coffee cups - being changes to how Canada will conduct its census in future years. Some people found answering a few questions on the long form to be an uncomfortable experience. What has not been explained is a more non-intrusive acceptable way to extract the information to ensure Statistics Canada is able to collect accurate information and maintain its recognized status as a "world leader" in statistical information gathering.

Some people are starting to express the opinion the current process would be much better than government cozying up to credit card companies to gather information on spending habits. The more government can do to employ individual Canadians, even under short term contracts, rather than relying on "big" business, the better off we will be.

Part of the problem Canada has is there is far less emphasis placed on accountability. Decades of political decay have resulted in elected officials are becoming less accountable to the wishes of the voter.

Now back to the original intent for this column. This month we are favoured with a Rhubarb Desert recipe from Jim and Marion Bird.

## Rhubarb Dessert

Crust:

2 cups flour • 1/4 salt • 2 egg yolks, beaten  
2 Tbsp sugar • 1 cup butter

Mix ingredients together. Spread in 9x13 pan. Bake at 350 10-15 minutes.

Filling:

4 cups of Rhubarb chopped • 4 egg yolks, beaten  
2 cups of sugar (can be reduced) • 2 Tbsp flour

Mix ingredients. Spread over crust. Bake at 350 30 minutes.

Topping:

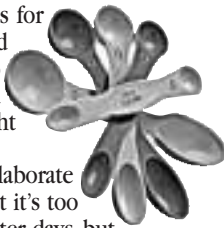
6 egg whites • 1 cup sugar (can be reduced) • 1/2 tsp cinnamon  
Beat egg whites until stiff, gradually add sugar and cinnamon. Spread on top. Bake at 350 30 minutes.

This is better the second day like stews.

Fall is coming so would be nice to have a few new pickle, chow or wild game recipes for the September issue.

Please take a few minutes to send along a few of your family favourites. Please send to:

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P.O. Box 41, Bass River, NS, B0M 1B0,  
or email to: [maurice@theshorelinejournal.com](mailto:maurice@theshorelinejournal.com)



## Notes from our Federal Capital

Recently, I had the honour and privilege of welcoming, Her Majesty the Queen of our great country and His Royal Highness the Duke of Edinburgh to Canada when they landed in Halifax to begin their nine day tour of our great land.

My paternal grandfather C.D. Armstrong was a World War I Veteran who volunteered for the British Expeditionary Force in 1914. He instilled in our family a strong mainstay for the Royal Family as did my maternal Grandmother, Verda Tucker who was also a life-long fan of the Royal Family.

I took the opportunity to express my families and this riding's strong commitment to the Royal Family. I was so



impressed by how lively and energetic Her Majesty was. The Queen had an extensive schedule of public appearances and made time for everyone who wished

to meet and greet her.

Prince Phillip to my surprise has a great sense of humour. Over the years, he has always struck me as being a very pensive person. However, he shared some humour with my girlfriend Tammy and me and this showed that at the age of 89 he has great wit and a very outgoing personality.

From the arrival of Her Majesty in our riding Cumberland - Colchester - Musquodoboit Valley to Her departure from Toronto, Canadians greeted their Queen with a warm and enthusiastic welcome.

Whether in the rain or the sunshine, thousands of Canadians of all ages flocked to see Canada's Queen, creating special memories that will last a lifetime.

Throughout the Royal Tour, Her Majesty emphasized the special affection she holds for Canada and spoke of the pride and admiration she has for our remarkable nation.

Please feel free to contact me regarding any issue or concern you may have. You can reach me at 893-2455 in Truro, 667-8679 in Amherst or toll-free 1-888-752-0552 or visit my website at [www.ScottArmstrongmp.ca](http://www.ScottArmstrongmp.ca)

**Scott Armstrong, Cumberland-Colchester-Musquodoboit Valley**



## Notes from our Provincial Capital

Colchester North MLA Karen Casey is calling on Natural Resources Minister John MacDonell to solicit input from woodlot owners before any more major decisions are made about the future of natural resources in Nova Scotia.

"The Minister has been clear that he has not made any decisions about which recommendations from A Natural Balance will be acted upon," said Casey. "I think there is no time like the present to bring in industry stakeholders and hear what those on the ground are saying. The first hand knowledge they have will ensure future policies reflect the needs of owners, and benefit the entire forestry sector."

Having heard from many local woodlot owners regarding recommendations contained in a recent report, A Natural Balance: Working Toward Nova Scotia's Natural Resources

Strategy, Casey is remaining optimistic the Minister will indeed conduct input sessions.

"While I hope there is a consultation process that will be rolled out prior to any decision, I am ensuring the Department of Natural Resources is aware of the concerns of Colchester North owners," said Casey. "I have been in correspondence with DNR, and I will be requesting a meeting with Minister MacDonell to discuss what I am hearing around the community."

**Karen Casey, MLA, Colchester North Ph: 902-893-2180**



## News from our Municipal Council

Hello again folks, Summer is here for sure. Hope everyone is enjoying it. Once in a while, we really need to take the time to enjoy what is around us. Early this week, I was on my way home from Truro and decided to take the old road or TK 2 at Onslow. I drive the shore all the time but really do not take the time to look around. With fresh cut hay, corn starting to grow and everything green, I continued driving down to Five Islands. It was early in the week, everybody had their grass mowed from the weekend, the sun was out, the tide was in and as I constantly say our shore is really something to be proud of.

This month has been fairly quiet at the County as council does not meet in July.

The Provincial Government has passed new Renewable Energy targets and they are quite aggressive. To encourage investment in renewable energy the Dept of Energy has developed draft Guidelines for two new programs and all municipalities in N S were invited to Halifax for a review and discussions on these new regulations. Councillor Buett from Brookfield and myself attended these last Thursday. The new programs are: (1) Enhanced Net Metering and (2) Comfit.

Enhanced net metering is an improvement over the old system of net metering in that anyone who erected a Windmill could only get Credit for the power usage they used at one meter at that particular site. They would not get credit for any excess production.

Under the new program should the windmill operators have other meters in the same power district or sub station they can use excess power credits against that meter. You may wonder why this interests me.

The Municipality has a potential windmill site at the Balefill facility which has shown acceptable wind levels. At today's prices, before the proposed 12% increase, the municipality pays in excess of 1/2 million dollars each year for power. Is wind power a viable option to help us stabilize our energy costs? Time will tell.

The Comfit program is a process which would allow community groups, including businesses or municipalities to sell renewable energy to N S Power for a feed-in tariff or price above the current cost of electricity. The purpose of this is to make a viable business case for renewable energy, however this tariff may not keep up with the escalating cost of electricity. Some may find this a bit boring, but it really interests me.

I believe, as time marches on, we will realize the green environmentally sustainable movement will rank number one in importance for our health, but equally important, I believe we will find a way as a community to gain financially from this.

In closing I would like to say how exciting it is that Debert has been shortlisted for the new Provincial Jail. This would create many, many good paying long term jobs for the area. I only hope, our hopes will not be dashed. It would not be fair if a decision was already made to place the facility in Pictou County. Many would feel like they had been used as a political pawn should that occur.

Have a good summer Tom

**Tom Taggart, Councilor District 10, Municipality of the County of Colchester**



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