



2018 Home Hardware Friendship Tournament PeeWee Champs. Back row: Jake McDonald, Zander MacKeigan, Logan Dickie, Kenzie Hill-MacLennan, Colin Isenor, Isaac Crowe, Will Bowers, Ian Kittilsen, Colton Smith, Tyler Hutchinson. Front Row: Marion Porter, Dylan Sloan, Adrian Lynds, Jillian Hill-MacMillan, Ewan MacEachern. (Submitted)



West Colchester ATOM C Champs in the 2018 Home Hardware Friendship Tournament February 16-19th: Back (Left to right). Seth Crowe, Ty Shreve Mason Turner, Clara Smith, Dane Hill, Caleb Milligan; Front (left to right) Zach Best, Jessica Porter, Ryan McDonald, Charlie Macmillan, Allister MacEachern, Kylie Macmillan, Chase Petrie. (Submitted)



Andrew Jullission, winner of the Trevor Ferguson Memorial award and Ian Kittilsen, winner of the Josh Fletcher Memorial Award take the puck drop at the Home Hardware Friendship Tournament February 16-19th. (Submitted)

Home Hardware Friendship Tournament

By Sarab Milligan

From February 16th to 20th the West Colchester Minor Hockey Association hosted the 3rd annual Home Hardware Friendship Tournament. The 2018 tournament included 25 teams and 435 players from PEI, NB and NS. With lots of action, the nail biting games had their fans on the edge of their seats.

Saturday included opening ceremonies with 2 special memorial awards handed out. Trevor Fregson Memorial Award was awarded to Midget Senior goalie, Andrew Jullission. The Josh Fletcher Memorial

Award was awarded to Ian Kittelson a Debert Pee Wee player. The 2 boys did the official puck drop to open the four day event.

Sunday evening, West Colchester took home 2 big wins in the finals from the Cobras Atom team, coached by Robert McDonald and the Cobras Pee Wee team, also coached by Robert McDonald.

Thank you to our sponsor Home Hardware, Sobeys warehouse for the fruit donation to players and their families, Matt Robinson Photography for the photos and to Masstown Hardware for the water.

Do You Get Leg Cramps?

By Chris Urquhart

Prevent night leg cramps! Night time leg cramps often strike just as you're falling asleep or waking up. To prevent these involuntary contractions of your leg muscles, usually in the back of your

lower leg, stretch your legs before you climb under the covers.

Wear shoes with proper support. Untuck the covers at the foot of your bed. Also drink plenty of fluids during the day.



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Pancake Supper in Wentworth Successful

By Hope Bridgewater

It took a large number of volunteers to feed a large crowd attending a successful Wentworth Pancake Supper in at the Recreation Centre. Upon entering the centre, people were greeting by greeters, Ethel Gilroy and Twila McMaster who sold tickets for the show. Next to them was another table with Ben Legere and Tina Palmer selling tickets for a 50/50 draw as a fund raiser for the Recreation Centre. At a third table, Avard and Jean Bentley were selling maple syrup products.

Sandra der Mode, assisted by Marie Duranceau, assisted by Debby Alexander, Sharon Barkhouse, and Alex Verge guiding customers to seats. Other volunteers who were helping serve the meal out on the floor were Colin van Vulpem, Aaron van Vulpem, David Fitzgerald, and Mike Law.

Laurel Adams and Joanne Ferdinand were the skilled directors of the kitchen as the Wentworth Recreation Centre, once again, held its annual Pancake/ Maple Supper on Saturday, March 10. It was a snowy one with lots of late winter snow on the ground. The supper featured pancakes (plain or with blueberries), pork sausages, homemade baked beans and rolls, cakes, coffee, tea, and juice.

This event is the culmination of a lot of work from dedicated volunteers from the Rec Centre Executive and to those who faithfully bake and bring food and clean up afterwards.

Music was playing in the background and helping with the enjoyment of the occasion. Thanks to Fire Chief Kevin Sprague and past Fire Chief Vernon Sprague for making sure the yard was plowed for the safety of all our customers. The volunteers who helped in the kitchen were myself and Joanne as directors, Donna Weatherbie, Bob MacLean (President of the Recreation Centre Executive), Marilyn MacLean, Gary Jollymore, Helen Feeley, Anne Feeley, Brenda McLean, Peggy and Winston Patriquin, Carol Hyslop, Lorre Adams, Robert Henry, Melissa Rushton, Barbara Palmer (Councillor for Cumberland County, District 6), Jessica Palmer, Kevin

Palmer, and Sandra Palmer."

Customers picked up their first course of pancakes, sausages, and beans at the kitchen counter. Jars of maple syrup were on the tables. Near the kitchen counter was a long table featuring a variety of many cakes. It was tended by Anne Feeley and Jeanette Murray.

It was not only a Pancake Supper, but also a Maple Supper. How important is maple syrup in Canada? Avard and Jean Bentley from Westchester, next to Wentworth, produce the best maple syrup I have ever tasted. Canada produces 76% to 80% of the world's maple syrup with Quebec being the world's largest producer. Ontario and the Maritimes produce about 1%. Of all the counties in Nova Scotia, Cumberland County has the largest number of maple sugar producers. Certainly, the maple sugar business owners

can do without clearcutting woods in the Wentworth/Westchester area.

New technology now can have a monitoring system to spot leaks on sap lines by strapping solar powered radio units to trees and keeping an electronic eye on their sap vacuum lines, have reverse osmosis machines, have vacuum pumps, and special storage tanks.

Avard and Jean Bentley gave me the following update of their operation: Bentley's Maple was started in 1981 with 1,000 taps. Today they are up to 50,000 taps. Avard and Jean have five children: Michael, Nancy, Sandra, Marney, and Mary. Michael works with his parents. Marney helps sell maple products at Pancake Suppers. Marney also helps run the shed at Blueberry Harvest time. The Bentley's produce syrup, cream butter and candy. They are also involved in the Blueberry business.



Attendees enjoying the pancake supper located at the Wentworth Recreation Centre. (Marie Duranceau Photo)

Debert Legion Notes

By Dan Martell

The Wednesday Night Crib League shows Jim Weatherby and Dave Kaye pegging along in first place with 1118 points, a distant second is Marcia Eastcott and Earl Harvey with 1342 points and taking up third spot is Leslie Fulton and Mike Manley with 1347 points.

Most Winning Nights is Jim/Dave with 5, Most Hidden Scores is Norm Eastcott/Debbie Buchanan and Kim McNutt/Jess Thompson. They have 4 each. There has been 35, 24 hands to date and Dave Kaye and Earl Harvey have 4 each. There have been two 28 hands so far and Norm Eastcott has both of them. (Thanks Earl).

Last week at "Chase the Ace" Danny Martell and Danny MacEachern had a friendly game of crib and Danny won.

Our crib teams who went to Liverpool for the Zone Play-offs didn't do very good. Bob Pash and Tom Manley didn't do too bad, but Ron Eastcott and Debbie Cock got a butt kicking. Maybe next year!

To all the kind people who save and drop off the pull tabs from beer/pop cans I would like to share a paragraph from a recent letter brother Gordon sent along from Branch 15 in New Waterford...

"I would like to express our sincere appreciation for your recent donation to the Soldier On Fund, a key component of Support Our Troops. Your generous gift allows Canadian Forces Morale and Welfare Services to provide opportunities for ill and/or injured Canadian Armed Forces (CAF) members and/or veterans to overcome their mental or physical illness or injury through participation in recreational, sporting and other physically challenging activities.

Since it was stood up in 2006, the Soldier On Fund has supported more than three thousand five hundred CAF members and veterans.

Your support of the men and women in uniform and those who support them at home is most appreciated. Please accept my heartfelt thanks, and that of all members of the CAF, for this wonderful gift and your ongoing support."

When the tabs were sold a cheque for \$279 was donated to the "morale and welfare" for "support of our troops".

A look at the Friday Night Dart standings and individual stats shows Derek McMullen leading he pack on the men's side with 132 points, closely followed by Skip Dawson with 131 points. Bobby Freeman rounds out the top three with 128 points.

On the lady's side, Deanna Martell leads the way with 113 points, while Debbie Buchanan holds down second place with 96 points and rounding out the top three is Audrey Gallagher with 94 points.

High Start for the men is Ron Eastcott, Skip Dawson and Derek

McMullen with 120. Dawn Hatt leads the girls with a 166. High Finish for the men with 121 is Skip Dawson, Debbie Buchanan has a High Finish for the girls with a 91. High Score- (M) Ron Eastcott 152, (W) Deanna Martell 171; Most Starts- (M) Skip Dawson 127, (W) Deanna Martell 73; Most Finishes- (M) Derek McMullen 80, (W) Deanna Martell 39; Most Tinkles- (M) Chris MacLean 140, (W) Lisa Archibald 148; Least Tinkles- (M) Ron Eastcott 37, (W) Deanna Martell 112. There is still not 180's. (Thanks Skip).

I would ask all our readers to please try and attend the Debert Military Museum Big Breakfast at the Debert Legion, Branch 106 on the 7th of April from 8AM until 10:30AM. Cost is \$10.00 for Adults and \$6.00 for under 10 years. All money realized will go to the Debert Military Museum to help them preserve the Military History of Debert.

There are still tickets left for the Thursday, May 10th Dinner Theatre performance of The Village Follies, "I Fought the Law" here at Branch 106. Phone 902-986-1710 for tickets.

Happy Birthday wishes for March are passed along to Isabel Mellroy, Linda Slack, Irene Blenkhorn, Eric McCully, Larry Martell, Dan Martell, Sharon Kyle, Anna Adams, Loyis Crocker, Mike Taylor, Ralph Turner (Sr.), Jeff Totten.

Please don't forget to thank a Veteran, it is because of their sacrifices that we are able to enjoy our freedom and our country.

Please say a prayer for our troops who are serving in foreign countries and their families.

2018 90 & 90+ BIRTHDAY PARTY

We wish to thank all those who attended the 2017 Annual 90 & 90+ Birthday party. We hope you had a good time.

We are planning this year's party and need your help. I ask you to think about friends, relatives and neighbours from our coverage area, who will be turning 90 in 2018. Let's not wait until next year to get them registered.

If you know of someone who turns 90 in 2018, or is over 90 and never been invited, please pre-register them by sending name, mailing address, phone and date of birth so we can invite them to the party being held in Economy on May 12, 2018.

Please send to:

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