

## Wentworth Recreation Centre in Action

**By Hope Bridgewater**  
The Wentworth Recreation Centre strives to promote a healthy economic and cultural environment in the community. Recently a new program was introduced: called Winter Walking. Snow, ice, and traffic on roads may hinder your exercise? Try the Winter Walking program at the large hall of the Recreation Centre on Monday, Wednesday and Friday.

During the other seasons it will be called Walking and Talking. Like to play Auction 45's as people have done since 1511 in Scotland with rules written down in 1576 and later brought to Eastern Canada by early settlers? We play Auction 45's at the Card Party every Monday evening.

Like to play Bingo as folks do every Thursday evening? Lots of fun.

Like to do Yoga on Monday and Thursday afternoon since people have done Yoga since the sixth century BC in India and made popular in the West during the 20th century? Lots of exercise.

Like to join a senior club for people aged 50+ as people do in Nova Scotia at many clubs?

Games happen at Wentworth Pioneers on the second and fourth Friday evenings. Resolutions of senior concerns sent to the Federation of Senior Citizens and Pensioners have had results.

Like to dance? Music Afternoons the last Sunday of each month (except December) feature old-time Down East music. Dancing is lots of fun, but also one of the best forms of exercise as this pamphlet says: "It makes your mind sharper, your body slimmer, and your spirit more resilient. Yes, dear reader, you should be dancing."

A special program is being done on Friday evening, February 10, by Ruthie Patriquin, Executive Director, Sexual Health Centre for Cumberland County, a registered charity. Patriquin will be talking about promoting sexual health during the lifespan. This program is being co-sponsored by the Wentworth Recreation Centre and the Wentworth Learning Centre.

We welcome folks who like to join us in Wentworth.

## Keeping Cheer in Wentworth during Winter



John and Paulette Forbes, from Plymouth, Yarmouth County, enjoy the February 12 potluck supper held in the downstairs hall of the Wentworth United Church. (Hope Bridgewater Photo)

**By Hope Bridgewater**

Keeping cheer in Wentworth amid February winter storms is not always easy. However, cheer can be found at all the activities at Ski Wentworth. As well, the Wentworth United Church recently had a service focused on keeping cheerful during a stormy winter. Organized by Rev. Jean Ward, organist Betty Curry and Marie Duranceau, president of the United Church Women, the service was filled with cheer.

The service began at 5 pm with a potluck supper in the basement hall of the United Church. Marie Duranceau and UCW members prepared the potluck food, bought in by members, on tables. As the congregation and friends enjoyed the meal, they also enjoyed talking and laughing with one another in friendship.

Part of the service celebrated Valentine Day, as is done annually this time of year in Wentworth. Special visitors to the service were John and Paulette Forbes from Plymouth, Yarmouth County, who had been spending a visit with friends in Truro, heard from a couple in Tatamagouche about our service, and

conducted the usual church service intertwined with Betty Curry's selections.

Rev. Ward selected hymns including 'Make a Joyful Noise,' and "Blest Be the Tie That Binds, a meditation, scripture, sermon, minute for mission, offering, and prayer.

Shannon Letcher sang a beautiful rendition solo of "As the Deer Pants for Water," and the choir as well did wonderful renditions of the hymns and songs accompanied by Betty Curry and Willett Stevenson on the violin. Certainly, the playing of the piano and the violin needs a complement, for the resulting music was sincere, emotional and beautiful in the way it blended together.

Betty Curry stood at the altar and read the text called "Rose," a tale of inspiration about a woman, aged 87, who was taking a university degree, as she believed "to grow up and always find the ability to change...it is never too late to be all you can possibly be."

Betty Curry was effective in giving the congregation and friends the courage to be cheerful and happy at this time in winter. Effectively assisting her in this inspirational message were Rev. Jean Ward and Marie Duranceau.

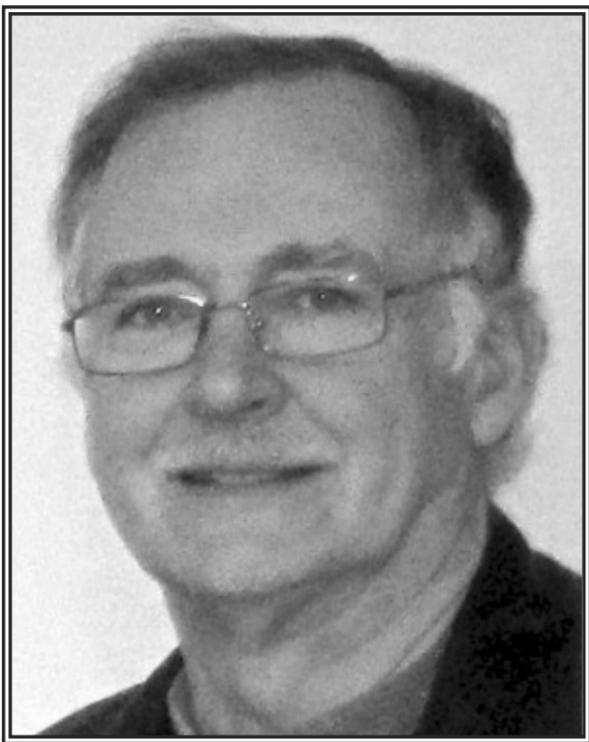
Rev. Jean Ward closed the service with a blessing and the final hymn "The Day Thou Gave Us, God, Is Ended."

**Lawrence R. Nicoll**  
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Bob MacLean, President of the Wentworth Recreation Centre, keeps busy with the help of his executive and volunteer members making Wentworth a caring and friendly place for its residents. (Hope Bridgewater Photo)



Municipality of the County of Colchester  
Low Income Municipal Tax Assistance Program

SUBMISSION DEADLINE - MAY 12, 2017

Residential property owners may be eligible for an exemption on their 2017/2018 property taxes, up to a maximum of \$314.82. To qualify, applicants must own and occupy the property and fall into one of the categories in the table below:

Family Size	Gross Income	Exemption
Single	Less than \$25,006	\$188.89
Family of 2	Less than \$33,028	\$251.85
Family of 3 or more	Less than \$39,632	\$314.82

Gross Income refers to the total gross income from all sources for the calendar year ending December 31, 2016. This must include the income of all members of the household, except full-time students. You should not include income from the following sources:

1. War Veterans Allowance Act (Canada);
2. Veterans Affairs Canada, Pension;
3. Child Tax Benefit; or
4. GST/HST Rebate

Application forms will automatically be mailed to last year's successful applicants. If you have not received your application form by April 30th, please call 902-897-3162

If you did not receive the exemption last year, you may obtain an application from the Municipal Tax Office, 1 Church Street Truro, or by calling 902-897-3162.

For income verification purposes, please bring a COPY of your 2016 INCOME TAX RETURN, which you submit to Revenue Canada.

Rob Simonds  
Chief Administrative Officer

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