

Bible Hill



Cody Brown, Bible Hill Director of Parks and Recreation, standing alongside a rock formation called the Flock of Sheep on Grand Manan Island, where he served as Recreation Director. Originally from Milford, he's pleased to be back in Nova Scotia, nearer home. (Submitted)

Cody Brown Moves Closer to Home

By Maurice Rees

If you have an interest in helping to build the recreation capacity of Bible Hill, then you are on Cody Brown's most wanted list. Cody grew in Milford, but spent five years in New Brunswick com-

pleting his Kinesiology degree and then he chose to become Recreation Director on Grand Manan Island, but the lure of Nova Scotia was always there.

He has always loved the challenge of trying new

sports. While on Grand Manan he learned to play Pickleball and it has become one of his favourites. Being away in New Brunswick was fine, but I am excited to have found a career opportunity near home.

As a youth growing up in the corridor, Cody was always passionate about community recreation. As an avid sports participant and fan, he was lucky on many occasions to get activities related employment by teaching swimming lessons and day camp. He life-guarded at the local pool and has been coaching trampoline and gymnastics for over 10 years now. His interests and experience were ideal for the position of Bible Hill, Director of Parks and Recreation.

Most of his part-time employment in the Milford area was of the indoor variety, but he has always been drawn towards outdoor pursuits, taking great pleasure enjoying Hiking, Camping and Rock Climbing. His real passion is trying new sports.

When asked to describe some of his favourite things about Bible Hill, he replied, I am impressed how walkable it is. I hope to continue increasing our capacity in this regard and to help maintain and improve our playgrounds, green-spaces, and outdoor rinks".

Glow Spa – A Continuation of a Dream

Glow Spa located at 193 Pictou Road is the newest spa in Truro and Bible Hill. Michelle Webb, Master Esthetician and Owner pursued her dream of opening her own Spa after abruptly losing her job in July 2014 when the Spa she was working closed with no warning and leaving her with no paycheque.

Determined to not lose 12 years of hard work and dedication building a good reputation and clientele she started her journey to open her own spa.

On November 12th, 2014 she opened the doors of Glow Spa employing one

Esthetician, Amanda Currie. In January 2016 she expanded and added Massage Therapy bringing on Registered Massage Therapist, Amanda Grant. All 3 ladies had worked together for many years and now are once again reunited.

Michelle's vision is to provide high-end luxurious services and products, wanting our clients to feel like they are

in a chic, warm, glowing and relaxing atmosphere without traveling to a city.

Glow Spa offers a wide range of Esthetic services with Skin Care Treatments being their signature treatment, to Massage Therapy were they also offer direct billing to most insurance companies.



These ladies used to work together, then careers took them in different directions. Now they are united again at Glow Spa at 193 Pictou Road, Bible Hill. Pictured above (L-R) are: Amanda Currie- Master Esthetician, Michelle Webb- Master Esthetician/ Owner and Amanda Grant- Registered Massage Therapist. (Submitted)

Cody can hardly wait to see, over the next two years, what opportunities the planned elementary school facility will bring to the area.

For those who are looking to get involved in building Bible Hill's recreation capacity, Cody is encouraging everyone to call him at 902-893-8083. Cody says, "Volunteers really do build communities, and we are always looking for people who are passionate about making ours a shining example".

For those looking for recreation for themselves, their families or their friends, no matter the age, Cody can't wait to chat with them to assist by pointing them in the direction of any relevant programs in the area.

With Cody's emphasis on expanding services and participation he ensures the website (www.biblehill.ca) and Facebook page (Village of Bible Hill) are both updated with programs on a regular basis.

With spring getting nearer, Cody is looking beyond, " am looking forward to a great summer season with Canada Day, day camps and other smaller programs all being in the works. I look forward to meeting and helping to provide recreation to everyone in the community".



Three and a half years ago Bible Hill became home to He-ro's Power Equipment and Pump Shop. Just prior to Christmas the business moved to another location on Main Street. Heather and Roy Hiltz welcome customers to their new and expanded shop at 27 Main Street, Bible Hill. Look for the signs on your left across from the Ultramar Gas Station as you come over the Salmon River bridge. Roy has over thirty years experience with power equipment and pumps. Spring is around the corner. Drop in or call today about your equipment needs. (Submitted)

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