

Help Us Reach Our Goal of \$40,000



Barrie Gerrard, 1st Vice President of the RCMP Veteran's Association, NS Division presents Craig Johnson, Manager Operations & Development, Colchester East Hants Hospice with a cheque for \$2500 while Allan Wellward, Co-Director of Colchester East Hants Region of RCMP Veteran's Association and JeanAnne Bishop, Associate Member of the RCMP and Hospice Volunteer look on. The donation was presented from the RCMP Veteran's Association's Conrad Fund and will be used in the Hospice Palliative Program, to support the work of volunteers. (Harrington Photo)

Food From the Heart, developed by the Hospice Society, the Palliative Care Program, and local Sobeys and Foodland stores, is unique to Colchester East-Hants and ensures 100% of all funds raised go directly to families in our communities.

A key component of Hospice services, Food from the Heart has proven to be a crucial program. Serving an average of 10 families per month, Food from the Heart helps to relieve financial pressure experienced by families facing end of life.

An aging population, and greater awareness of Hospice programming, is creating consistent growth in demand. Starting out as a \$3000 program in 2005, Food From the Heart distributed over \$37,000.00 in Food From the Heart cards in 2013-2014.

Our goal for 2014-15 is \$40,000. Thanks to great community support, we are well on our way to reaching our target. The support of the Bible Hill Kinsmen, The Truro Gyro Club, the United Way of Colchester, and the Sisters of Charity, have contributed to our current total of \$11,350.

Chiganois Elementary Notes

By Linda Harrington

The virtue for the month of March was TOLERANCE, "Accepting others when they think, look, speak or act differently from you".

Primary registration was held in January. At this time, there are currently twenty seven children registered. If you know of anyone who missed this date please have them call the school at 902-662-4420.

Spring is here and Mrs. McCarron has started the Chiganois Running Club. This group will meet each Tuesday starting March 24th, from 3:15 to 4:15. This will be a six week commitment. All students are encouraged to participate as they will begin by walking and then move to running.

Winter Carnival fun was held the week of March 9th - 13th with events such as PJ Day, Pancake Breakfast, Skating, Sock hop and more. March Break was the 16th - 20th, hope everyone had lots of outdoor fun in the snow.

Principal Lunch for March Birthdays will be held on March 31st. There is no

school on April 3rd, Good Friday and no school April 6th, Easter Monday. The next PTG meeting is slated for April 8th.

The PTG participated in the 50-50 fundraiser at the Legends Gaming Centre (located at the Power Centre) during the week of January 19th and realized a profit of \$412.50! Thanks to all parents who volunteered their time to work the various shifts that week.

Mrs. Phillips (Grade Primary) purchased a CD/Cassette Listening Center from Scholastic Canada with the help of money donated by the PTG.

Staff appreciation was held March 9-13th. Special goodies and notes of thanks were presented to staff.

The PTG is currently looking for some new or gently used items to be donated to the school for indoor and outdoor play. Requested items include: My Little Pony's, Dinkies and Mat, Barbies, Frisbees, Sidewalk Chalk, Balls, and Sandbox Toys. Please drop off any items to Mrs. Keizer at the office. Thank-you!

A Chiganois family of 5 with three girls lost all of the contents of their home from water and smoke damage. Anyone who can help out, please do so. Clothes sizes for the girls include size 5-6, size 7-8, and ladies M. The two younger girls did not get to take any clothes with them. Other ideas could be toys (ponies, dolls), and books. Gas cards would be great, as well. Drop off items at the school.

No visitors to SCCC, Parrsboro

Effective March 26th, until further notice, no visitors will be permitted to visit residents in the South Cumberland Community Care Centre, Parrsboro due to an outbreak of an influenza-like illness.

Symptoms being experienced as a result of this outbreak include fever, chills, coughing and sneezing. Every year, about 20,000 Canadians are hospitalized and 4000 die from complications of influenza.

Anyone who comes into the emergency department is being asked to wash their hands upon entering and exiting the building in order to help reduce the spread of the illness in the community. Anyone with further questions, please call the facility at 902-254-2540.

Masstown Community News

By Christine Urquhart

With all the snow we have received in the past month it seems hard to believe that spring is here, but that is what the calendar tells us! I have heard lots of complaining about the snow, and have done some complaining myself!

One person said that they hated every flake. Another said they felt that they were inside a snow globe and some person kept shaking it. Another just growled about how much shoveling they had to do each morning, a horrible way to start the day. Ah well, obviously our complaining didn't do much good!

It's been very hard on all the "critters", so I hope you have continued to feed the birds. We can't help the other forms of wild life but at least we can do something for the feathered friends who come to visit our feeders.

With spring on the calendar and on its way we can at least start dreaming about our gardens and what we want to have growing in them. Maybe we want to put in a new bird bath with some bushes nearby for protection. Maybe we want to plant flowers which will entice butterflies into our yards. The possibilities are endless.

The DGM Men's Club will meet on Saturday April 4th at 8am at the Double C Restaurant. All men are welcome to join this fun bunch!

Masstown UCW will meet on Thursday April 9th, 7pm, at the home of Irene Gratto. Usually they hold their Blind Auction in

April but have postponed it until their May meeting for many reasons, including the fact that it will be daylight longer by May! All ladies are welcome to come out for any UCW meetings so if you haven't been to one, come and see what all the fun is about! By the way, there will not be any Coffee Parties in April so we can all enjoy the Chowder Luncheons in Debert!

The Debert UCW are holding their Chowder Luncheons every Wednesday in April! These run from 11:30 am to 1 pm. Cost is \$10 for adults and

\$5 for children under 12. Take outs are available. The menu is corn or fish chowder, homemade rolls and biscuits, tea or coffee and a choice of many homemade desserts. This is held at the Debert Fire Hall and you will want to come early to get a seat!

As spring slowly takes away the snow and lets the green grass and leaves reappear, take the time to enjoy what each day brings. Time goes so quickly that we really shouldn't wish it away. I wish to thank all of you who called or sent cards during my recent stay in hospital. Thanks!

CHURCH SERVICES for April

By Christine Urquhart

Happy Easter to each and every one of you! Our Church services for the month of April are:

- April 2nd - Maundy Thursday - 7pm in Masstown,
- April 3rd - Good Friday - 10am in Debert,
- April 5th - Easter Sunday - Sunrise Service at 7am in Masstown, regular service 10am in Debert,
- April 12th - 10am in Masstown,
- April 19th - 10am in Debert, and
- April 26th - 10am in Glenholme.

We welcome you to any and all of our services.

Sunday School meets during all our regular services except for Easter Sunday morning but we hope you will bring your children out for the Sunrise Service. We welcome all to our services and love it when more children join those who so enjoy our Sunday School.

If you like to sing, come early to Church and talk to our choir about joining them. They welcome all enthusiastic voices!





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