

Dorothy's Kitchen Korner

Who would have thought that within the past 30 days weather would have gone from and open mild winter to sun-bathing the third week of March with the mercury heading higher than many days in July. One day we were warmer than Honolulu, Hawaii. Although, I knew it wouldn't last long, because according to Cindy Day, by the time you are reading this the ground could be white again with a four inch blanket of fresh snow.

No sign yet of Maurice's green thumb, but I'm sure he's ready to head off to get some seeds. I noticed him talking to a couple of neighbours about using some winter blow-down trees to make some raised beds and local compost to fill-in. He was even looking for a large sheet of clear plastic to use to pre-heat the soil.

I've had a few people comment on my mention of \$4.29 for a 28 oz can of peaches. Then today, I noticed pricing of two items which has shot through the roof..... large can of coffee (\$12.49) and 525 g of pepper melody (\$15.99). It's scandalous how food prices have increased. Almost as bad as electricity and gasoline prices.

Heard today on the radio, that just after gasoline prices spiked to this level in summer 2008, the economy plummeted in the fall to provide two years of recession. Sure hope March 2012 gasoline pricing is not the forerunner of another round of economic turmoil.

Last month, we were favoured with a recipe from a new contributor, Jackie MacKay Glen, Debert. This month's contributors are Hazel Hill, our 90+ correspondent from McCaull Villa, Great Village with French Onion Soup followed by Old Fashioned Raisin Pie from her friend, Marilyn Adams. Marilyn has submitted several great ones, which I can stock pile and use later.

French Onion Soup

4 cups thinly sliced onions • 4 tbsp margarine or butter
1 tsp salt • 1/8 tsp pepper
5 beef bouillon cubes • 5 cups hot water
Toast or croutons • Mozzarella cheese, grated

Combine onions and butter, fry until browned; dissolve bouillon cubes in the water and bring to a boil. Add onions, salt and pepper, simmer one hour. Place toast in bottom of serving bowls, add soup sprinkle generously with grated cheese. Brown under broiler, amount ten minutes. Toast will rise to top of soup.

Note: Could use croutons instead of toast. Croutons could be placed on top of soup in the bowls.
Submitted by Hazel Hill, Great Village.

Old Fashioned Raisin Pie

2 cups raisins • 2 cups water • ½ cup brown sugar
2 tbsp cornstarch • ½ tsp cinnamon
1tbsp vinegar • 1tbsp margarine

Combine raisins and water, boil for 10 minutes. Blend sugar, cornstarch, cinnamon. Add to raisins & cook, stirring until clear. Remove from heat, stir in vinegar and margarine. Cool slightly. Turn into pastry. Add top pastry layer and bake at 425 for 30 minutes.

(Double raisin mixture to make large pie).
Submitted by Marilyn Adams.

I need more recipes. Please take a few minutes to send along a few of your family's favourites or recent nutritional ones added to your family's menu. Please send to:

Dorothy Rees, c/o The Shoreline Journal,
P.O. Box 41, Bass River, NS, B0M 1B0,
or email to: maurice@theshorelinejournal.com

Notice to Readers and Advertisers

2012 Deadlines and Publishing Dates

ISSUE	DEADLINE	PUBLISHED
May 2012.....	April 17	April 25
June 2012.....	May 22	May 30
July 2012	June 19	June 27
August 2012.....	July 17	July 25
September 2012.....	August 21	August 29
October 2012.....	September 18.....	September 26
November 2012	October 23.....	October 31
December 2012	November 20.....	November 28
January 2013	December 11	December 19

For more information contact us at:

The Shoreline Journal, Box 41, Bass River, NS, B0M 1B0
Ph: 902-647-2968, Cell: 902-890-9850
Email: maurice@theshorelinejournal.com

The
Shoreline
Journal

From our Federal Capital

Scott Armstrong's column was unavailable for April, 2012.

Scott Armstrong, Cumberland-Colchester-Musquodoboit Valley



News from our Provincial Council

Masstown Intersection Safety Review Report

Concerns regarding safety and traffic flow at the Masstown Market intersection were raised in the past. These concerns were brought to the attention of the Municipal Council, as well as the Department of Transportation and Infrastructure Renewal (TIR) and the RCMP. All three groups took the concerns seriously and took action to assess the situation.

I have recently received the copy of the Road Safety Review Report as prepared by Rob Jerrott with TIR. This report included a number of recommendations, some of which have been implemented and others will be undertaken when conditions permit.

The analysis considered the need for traffic signals and overhead flashing lights. A traffic volume and collision history was used as a reference during the preparation of the report. According to the report, the total number of reported collisions is low.

There were some suggestions for steps that could be taken to improve safety. Some of the measures to be addressed include:

- 1) remove vegetation along the # 4 to allow for improved visibility on the approaches to the 104 ramp
- 2) add warning signs on the approaches to the intersection
- 3) re-position or re-locate signs to allow for better identification of the intersection

- 4) re-paint stop bars at the approaches to the intersection
- 5) re-position or re-locate stops signs on the approaches to the intersection for earlier detection and better visibility
- 6) install a stop sign within a painted island on a permanent post

Although there has been public interest in both the overhead flashing light and traffic signals, the Road Safety Review Report did not recommend either of these measures for this location at this time. It is suggested that improving the site distances and providing better visibility, along with adhering to posted traffic signs, would contribute to greater safety at the intersection. The Report states that "the addition of traffic signals would reduce efficiency and safety at the intersection". It is stated by the Road Safety Engineering Technologist, Rob Jerrott, that "the countermeasures identified in this report are appropriate to address the safety concerns at this intersection".

As your MLA, it is important that I share with you the most recent information as a result of your concerns regarding this intersection. I will be following up with TIR to ensure that the outstanding recommendations are implemented. I expect that this may be in the spring and/or as weather and other conditions permit.

Karen Casey, MLA, Colchester North Ph: 902-893-2180



News from our Municipal Council

Hi Folks, Hope you are enjoying this spring like weather. They tell me it is going to snow next week so we need to enjoy this while it lasts.

I have had a busy month at the county. Early in the month I attended an RCMP town hall meeting at the Five Islands Fire Hall. There was a good turnout. The meeting revealed concern about the lack of visibility of the RCMP and the length of the response time in regards to emergency situations with responses requiring travel from Truro, while the Parrsboro detachment is only 20 minutes away.

Staff Sergeant Barry explained that some years ago the Federal Govt changed to a County based system and unfortunately Five Islands is at the far end of the County. Staff Sgt Barry said he would discuss and work with the Parrsboro detachment to assist when they were available.

Councillor Christine Blair, chair of the Police advisory board, was in attendance. She advised she would put these concerns on the agenda for a board meeting and would advise me so I could attend.

On March 4 and 5 I attended a conference on Climate Change and Coastal Strategies in Halifax. I requested to attend this conference as I am concerned, not only, about climate change and how it will affect our communities, but I am concerned the Provincial Government is currently working on Coastal Strategies draft regulations regarding coastline protection. In an earlier column, I mentioned my concerns with some of the numbers I have been hearing regarding minimum setbacks required before buildings, homes & cottages, can be constructed along the shoreline.

The shorelines are some of the most valuable land in West Colchester and I am concerned the setbacks may be excessive, decreasing the value of some land. Some time ago Council sent a letter to the Minister of the

Environment asking we be involved in the consultations. As of yet we have not been contacted.

At the conference, I learned they have a distance in mind; however they could not reveal as it was still a work in progress. When I pressed and asked about municipal participation they said they were consulting with Municipalities. At the time of this writing they have not contacted Colchester County. I will do my best to stay on top of this.

In addition there have been several meeting this month as we prepare to set the tax rate for next year. Council is working hard to maintain the current rate, keeping in mind we are already committed to 1 cent for the civic center. Hopefully that will be it.

I am sure most of you have heard we have been turned down for a flashing light at the Masstown interchange. I have to say I am extremely disappointed in this. It has been recognized as a dangerous intersection for some time now. Councillor Cooke worked on this long before I came to council.

The Dept of Transportation continues to refuse to do anything. It is my opinion they have dug in their heels on this and refuse to install the lights. It is also my opinion the report I received on this was a foregone conclusion and that more effort was given to try to justify their refusal than actually trying to solve the problem. Tom

Tom Taggart, Councillor District 10, Municipality of the County of Colchester



Art Display "For the Love of Our Lighthouses"

More than twenty original paintings of Nova Scotia lighthouses by Hilden artist, Lyndia Baird-Wellwood are on display in the main exhibit hall of the Colchester Historical Society Museum, Young Street, Truro. This show continues until April 20. The paintings are all for sale as well as several small prints in card format. She plans to continue painting additional lighthouses as her way to help preserve our understanding of these famous structures.



Artist, Lyndia Baird-Wellwood is shown with her recent painting of the Five Islands Lighthouse. A display of 20 of her paintings continues at the Colchester Museum until April 20th. (Submitted)

The Season
of Giving is here

A Wonderful
Gift for the whole year...
12 Months of the Shoreline Journal

Please send this Personal Gift Subscription to:

Name: _____
Street: _____
Town: _____ Prov: _____ Postal Code: _____
Phone: _____ E-mail: _____
If RENEWAL: Sub # _____ New: _____ Gift: _____
Country/Special Mail Instructions: _____

This Personal Gift Subscription comes from:

Name: _____
Street: _____
Town: _____ Prov: _____ Postal Code: _____
Phone: _____ E-mail: _____

HST: 890564404RT0001

Enclose Cheque or Money Order payable to The Shoreline Journal

LOCAL SUBSCRIPTIONS: B0M / B2N / B6L - \$23.00, PLUS HST = \$26.45 • OTHER PARTS OF NS: \$28.00 plus HST = \$32.20

ALL OTHER AREAS OF CANADA: \$30.00, plus HST = \$34.50 • USA SUBSCRIPTIONS: \$45.00

MAIL TO: The Shoreline Journal, P.O. Box 41, Bass River, NS, B0M 1B0

The
Shoreline
Journal