



West Colchester Cobra's Bantam team face off against Truro's Bearcats Bantam Orange team in the third game of the second weekend of the Peter Kohler Friendship Tournament. (Harrington Photo)

Annual Kohler Tournament TWO WEEKEND EVENT

By Dan Martell

The first leg of the "Peter Kohler Friendship Tournament" was held at the West Colchester Arena this past weekend (March 15-18th) with teams in the Pee Wee boys division, the Pee Wee girls division and the Midget "B" boys division along with some Novice division, Int. and IP also played. Madelyn Phillips and Madelyn Quinn opened the tournament with the singing of "O Canada". Thank you girls for the beautiful job on our National Anthem.

The Pee Wee girls division had teams from Riverview, Western Valley, West Hants and Cole harbor. West Hants took home the Championship Banner.

The Pee Wee boys division Banner was won by the boys from Shelburne as they edged out the West Colchester Cobra's in the hard fought final game. Chester, Cole Harbor and Sackville also had teams in this division.

The Midget "B" division was represented by 2 teams from Sydney and a team from Oromocto, NB. In the final game West Colchester shut out the boys from Oromocto 4-0 in a very hard hitting contest with Lucas Webb picking up the shut out.

Our congratulations are passed along to the three division winners, Shelburne, West Hants and West Colchester.

The main sponsor for the Tournament is "Peter Kohler Windows" and a very special thank you is passed along to this business and all the local sponsors who helped out (too numerous to mention) a big thank you is passed along to you for helping make this tournament the big success it was.

Other expressions of gratitude go to: Rob Phillips who organized the referees/linesmen and time keepers, thank you, it must have been a big job; Sam Currie who organized the music, thank you. To "Game Star Pix" who seemed to be taking pictures all the time, thank you; all the parents and grandparents who donated finger foods and snacks, thank you very much. For all the people who worked in the hospitality room thank you for your many volunteer hours; Randy and the rink staff, canteen workers and maintenance people, thank you; the fans who supported our young hockey players male and female, thank you very much for your support. I am very sure the players enjoyed your support and Paula Ferdinand who sat in the big chair on this tournament, a tip of the hat and a very special thank you is passed along to you for a job well done.

The second weekend of the Tournament was held March 22nd to 25th.



West Colchester Cobra's Tyler Sheepwash makes a dive for the puck. The annual Peter Kohler Friendship Tournament was held March 15th to 18th and March 22nd to 25th at the West Colchester United Arena in Debert. (Harrington Photo)

Sylver Service- Your Places at Your Paces Giving Seniors the Freedom to Access Their World

By Linda Harrington

Those of us who jump in a car and drive off as we please often take this luxury for granted. Seniors, without a means of transportation, now have a new service operating out of the Debert area, serving Truro and its surrounding communities.

Sylvia Mitchell has recently started Sylver Service, Assisted Public Access for Seniors. She offers one-on-one assistance to seniors needing transportation for general outings anywhere in Nova Scotia, New Brunswick and PEI.

"Seniors are valued members of our community and I want to help them maintain their independence and active lifestyle," says Sylvia. "They don't need to feel they are imposing on friends or family, or be limited to when and where they can travel."

Sylvia, a fellow Nova Scotian, has lived in the Debert area for over 25 years and a recent career change left her looking for a way to be self-employed but be able to help others at the same time. She noticed issues with transportation within her own aging family, and realized a need encompassing numerous seniors these days. "I have a clean driving record, with plenty of driving experience plus I am a people person. I want to use my abilities to help others," she says.

Sylvia has Emergency First Aid and is CPR certified. She has been working with CoRDA to establish Sylver Service, has registered with Registry of Joint Stocks, and is bondable and fully insured. She is offering her services to anyone needing transportation and can accommodate a wheelchair for clients with limited mobility.

Sylver Service offers clients one-on-one assistance from start to finish, for pleasure or appointments, airport service (including check-in or pick-up), half day, full day or extended excursions, catering to their comfort and peace of mind. "I have bottled water and healthy snacks, including diabetic drinks available." I will stay with my client(s) and assist as needed, whether waiting at a doctor's appointment, going to a festival or assisting with shopping for their groceries or other essentials," says Sylvia. "And when returning to their home, deliver their packages inside, help them put away groceries and even assemble some purchases, if needed."

Recent clients of Sylver Service were extremely satisfied with their overall experiences. Walter Ramsey says he was



Sylvia Mitchell, of Debert, has recently started a new business called Sylver Service, offering one-on-one assistance to seniors needing transportation for general outings. (Harrington Photo)

pleased to be able to attend a visitation at the funeral home. "I have poor eyesight and carry a cane. I would have had to hire a cab and pay to have them wait around, or use 2 cabs. Sylvia was very helpful and I would definitely use her services again".

Helen Kenrick of Brookfield recently used Sylver Service for transportation to an eye appointment in Halifax and was pleased to say, "Sylvia was here in plenty of time and she is an excellent driver. It was comforting to have her stay with me at the hospital the entire time." Helen feels there is a definite need for a service like this, "Families are all working and don't always have time, and there are not a lot of people comfortable driving in Halifax, so a service like this is very practical."

Costs are on a per trip basis and sharing an outing with friends is welcome. "If three friends want to go shopping for a day in Halifax, they can share the cost and still have a personalized experience. They can even make it an overnight or weekend get away," says Sylvia.

Sylver Service has the motto, "Your Places at Your Paces." For rates and further information, phone 902-890-6389, visit online at <http://sylverservice.tripod.com>, and Facebook. VAC Health Cards are accepted.

Heritage Fair for Grades 4-9 – MAY 4TH



The Chignecto-Central Regional School Board will present the annual Regional Heritage Fair on Friday, May 4, 2012. This event provides students in Grades 4-9 with the opportunity to create and share a project relating to Canada's heritage.

Many schools in the Chignecto-Central Regional School Board host school-level fairs from which projects are chosen to be exhibited regionally. Students may also make arrangements through their school to participate in the regional fair as an individual. Participation is also open to home-schooled students and students who may be attending a private school in the region.

The Regional Heritage Fair will be held at the Truro Campus of the Nova Scotia

Community College, and has the support of Canada's History, Canada's national history society.

"The regional fair has pretty consistently operated at the capacity of the site for the past number of years, presenting about 200 projects," says fair coordinator, Ken Henderson.

Students also have the opportunity to participate in workshops by local museums, and heritage and cultural groups. Prizes will be awarded for projects displaying particular excellence in a number of subject and presentation areas.

Outstanding student projects will be selected for participation in the Provincial Heritage Fair, which will be held at the Canadian Museum of Immigration at Pier 21 in Halifax on May 25.

Also, for the first time in recent years, a number of projects will be chosen to be part of a Canada-wide competition. A select number of students will create videos based on their projects, which will compete online to win a trip to Ottawa for the National History Forum, organized every year by Canada's History in conjunc-

tion with the Governor General's History Awards. The students selected will attend a ceremony at Rideau Hall and present their project and video creations.

Students and parents may obtain more information by visiting the school board's website at www.ccrsb.ca and following the Heritage Fair link.

Ken Henderson is Heritage Fair Coordinator, 895-1352 or ccrshfair@gmail.com

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902-893-3466

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