



Lowland Gardens was very busy over Mother's Day weekend as shoppers dropped by looking for the perfect gift for their special moms. Bruce Ernest was able to do his one stop shopping with the helpful assistance of owner Gerrie van den Hoek. (Harrington Photo)



Lined up and ready to shop! Arthur Haskins gives the eager crowd of shoppers a few helpful hints before opening the Great Village Garden Club Plant Sale on May 16th. (Harrington Photo)

Economy & Area Notes

By Ruth Thompson

Dennis and Marilyn Cock have arrived home for the summer. They have been busy with getting the house ready and had lots of company. Good to have them back home.

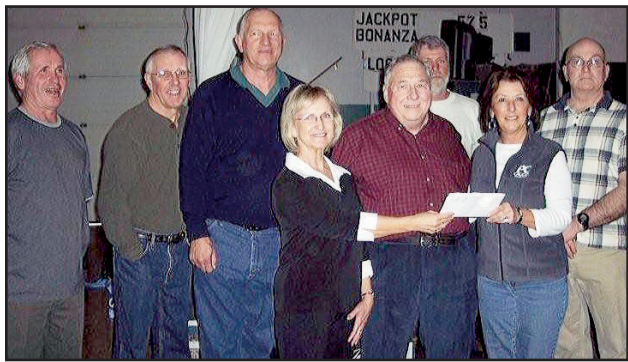
Anita and Lou Perrone are also home for the summer in Lower Economy. Also good to have them home too.

Maurice DeGrace, Janet Totten, Brooke and Alex visited with Ruth and Peter for the long weekend. The Stewards

of Economy United Church had a successful plant and yard sale on Saturday May 9th.

Beverley and Jack Ryan visited with her friend Myrna Taylor in Dartmouth, last week. John and Kathleen Ryan and children will be visiting their parents for the long weekend. They are stationed in Oromocto, NB.

I have a new e-mail address: foxy40@nncweb.ca, the phone # is the same 647-2054. Please e-mail me or phone with any news.



The Economy Recreation Centre will undergo major roof repairs thanks to assistance from the provincial government and the Municipality of Colchester. Pictured above are: (Back row) Claude Pronovost, Jim Ritcey, Ted Parker, Eric Moore and Ron Davis. (Front row) Anita MacLellan, Ray Dibbon, and Karen Casey. The \$23,000.00 cheque was presented by Karen Casey on Sunday, April 19th. The Municipality of Colchester also provided \$10,000 to go toward the roof repairs. (Submitted Photo).

7 tips for Older Drivers

By Chris Urquhart

As we age our driving skills become more challenging, especially for older drivers. Here are seven top tips for older drivers (courtesy of the Mayo Clinic):

1 - Stay physically active! This improves your strength and flexibility so you can steer better and look over your shoulder better.

2 - Manage any chronic conditions. Work with your doctor to manage any chronic conditions, especially those that might affect your ability to drive safely, such as diabetes, high blood pressure etc.

3 - Schedule regular vision and hearing tests! These tend to decline with age. It can make a real difference between being safe and being sorry.

4 - Understand your limitations. If your hands hurt when gripping the steering wheel, use a steering cover that makes holding and turning the wheel more comfortable. You might also need a different car than the one you are driving to make it easier to get into and out of.

5 - Drive under optimal conditions. When possible, drive during the daytime, in good weather, on quiet roads and in familiar areas. Plan your route to avoid rush-hour traffic. Delay your trip if the visibility is poor. Beyond road conditions, make sure you're in optimal condition to drive. Don't drive if you're tired or angry - and never drive after drinking!

6 - Plan ahead. When you get into your vehicle, be prepared to drive. Check the map before starting the car! Call ahead for landmarks to make finding where you are going easier.

7 - Update your driving skills! Consider taking a refresher course for older drivers. Updating your driving skills may even earn you a discount on your car insurance, depending on your policy. Now - Know when it's time to consider other alternatives. The day will come when you can no longer drive safely. Face this fact now while you can still drive, and plan accordingly. Keep our roads safe for future generations, as well as yourself!



Eileen Eaton(left) helps Denise Miller (right) pick out the right perennials for her garden. Denise had come all the way from South Maitland to attend the Great Village Garden Club Plant Sale on May 16th. (Harrington Photo)



Carol Dexter, Arthur Haskins and Linda Shears (left to right) were a few of the many volunteers from the Great Village Garden Club who were busy helping set up for the plant sale on May 16th. (Harrington Photo)

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