



The Glooscap 4-H Club sold pumpkins at the Great Village Farmers Market as a club fund raising initiative. (Corrigan Photo)



James Robinson peers out at regular customers making their way towards his table at the weekly Great Village Farmers Market. (Corrigan Photo)



Linda Shears has been a popular participant at the weekly Great Village Farmers Market. (Corrigan Photo)



Nature Scripts Meats have developed a loyal following at the Great Village Farmers Market. (Corrigan Photo)

## Great Village Farmers Market Home Grown & Hand Made OPENING DAY SATURDAY MAY 30

By Kathy Simpson-Giles

As you drive past centuries old homes, you meander down into the heart of Great Village. There, across the river, in the centre of it all is the church. On any Saturday morning (from 30 May 'til 19 Sept.) the church yard comes alive with the hustle and bustle of Market Day. A special Thanksgiving Market is held on 10 Oct. Shop inside on rainy days as we move across the road to the local Fire Hall.

The members and friends of St. James Church cook breakfast at 8:30. Customers sit and eat home style breakfasts, made mostly of ingredients from local farm producers, hot and fresh and served to you on real dishes. Treat yourself to a leisurely breakfast as you wait for the market at 9:00. Breakfast is available until 11:00.

When your breakfast is finished, join the vendors for anything that is homegrown and in season. Throughout the season, there will be varieties of fresh fruit and vegetables, jams and jellies, pickles and preserves, syrups and sauces.

Join us as producers!! On opening day, there will be free pumpkin seeds for the young gardener. Any young person joining us that day will be eligible to enter our "Pumpkin Growing Contest" to be judged on Thanksgiving weekend.

Handmade is available as well. Both traditional crafts and the new come together in our setting. We have a number of vendors from the area. Look for quilts, woodworking, skincare products, knitting, cross stitch. It's a great place to find gifts for any occasion for young or old. And it's never too early (do I dare say the "C" word?) to think about Christmas shopping.

Homemade pies, bread, cookies and squares just to name a few, are baked fresh each week. As well, a variety of local cheeses can be purchased as well.

You can round out your

visit by getting local beef, pork and chicken. Enjoy lunch... barbequed fare fresh from the farm. Just a short drive from Truro, come, shop where the "one stop" gets you everything home grown and hand made!

For further information, contact Market co-ordinator Bruce at 668-2001 or Kathy at 668-2385.

## Caring for someone who is terminally ill? Go To Virtual Hospice

Many Canadians don't know where to turn for answers when someone they care about is facing a life-threatening illness - but a website staffed by experts in end of life care is available to help.

With funding from the Canadian Partnership Against Cancer, Health Canada and the Winnipeg Regional Health Authority, the Canadian Virtual Hospice has launched an expanded website at [www.virtualhospice.ca](http://www.virtualhospice.ca) to provide information and support on end-of-life care.

Key resources include:

Ask a Professional: Allows visitors to go online and pose questions to a Health Team that consists of physicians, nurses, a social worker and a spiritual care advisor.

Asked and Answered: Features answers provided by

the Health Team to Canadians questions on a variety of topics ranging from dealing with illness and loss to communicating with family, and what to expect at the end-stage of various illnesses. (All identifying information is removed to protect confidentiality.)

Your Stories: Provides an opportunity to celebrate a life, release some deeply felt emotions, and learn from the experiences of others.

Topics: Articles with practical advice on a range of concerns including managing symptoms such as pain, working through grief and spiritual distress, and what to say to children about end of life.

More information including palliative care resources in your area can be found at [www.virtualhospice.ca](http://www.virtualhospice.ca)

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